

FHWA Bikeway Selection Guide

Jared Draper – Toole Design
Emma Blondin - VHB



Introductions & Welcome



Chapter 1: Purpose of the Guide



The Federal Highway Administration's Bikeway Selection Guide is a resource to help transportation practitioners consider and make informed trade-off decisions relating to the selection of bikeway types.





It is intended to supplement planning and engineering judgment.



It incorporates and builds upon FHWA's support for design flexibility to assist transportation agencies in the development of connected, safe, and comfortable bicycle networks that meet the needs of people of all ages and abilities.

Chapter 1: Introduction

Purpose of the Guide

FHWA goals

- Increase the number of short trips made by bicycling and walking to 30% by 2025
- Reduce pedestrian and bicyclist fatalities
 - by 80% in 15 years
 - to zero in 20 – 30 years



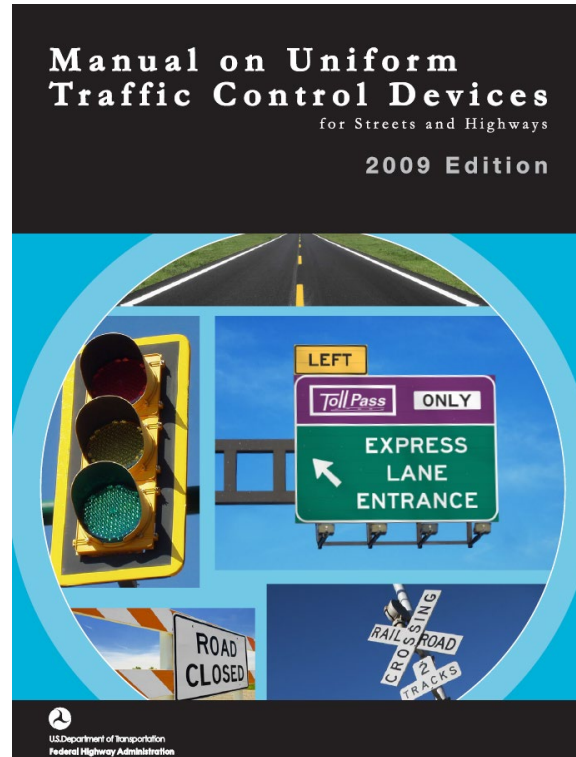
Disclaimer

This guide IS NOT a design guide. It's sole purpose is to help practitioners make informed decisions for selecting a bikeway.

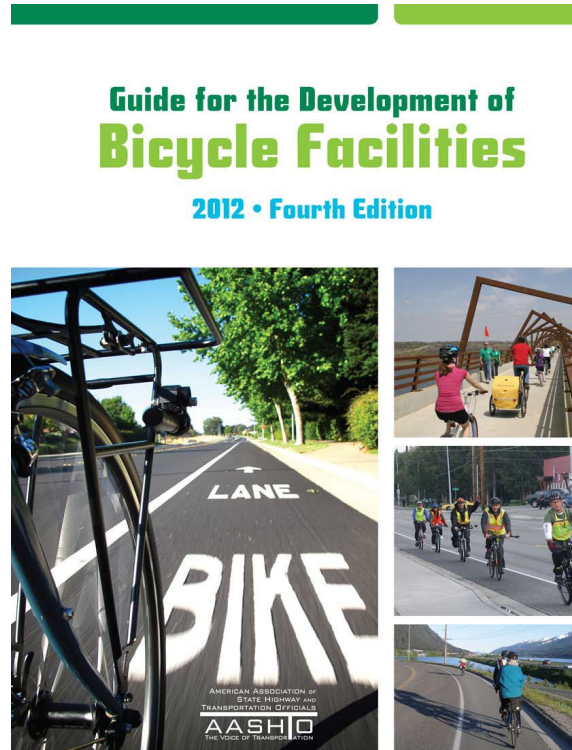


Chapter 1: Introduction

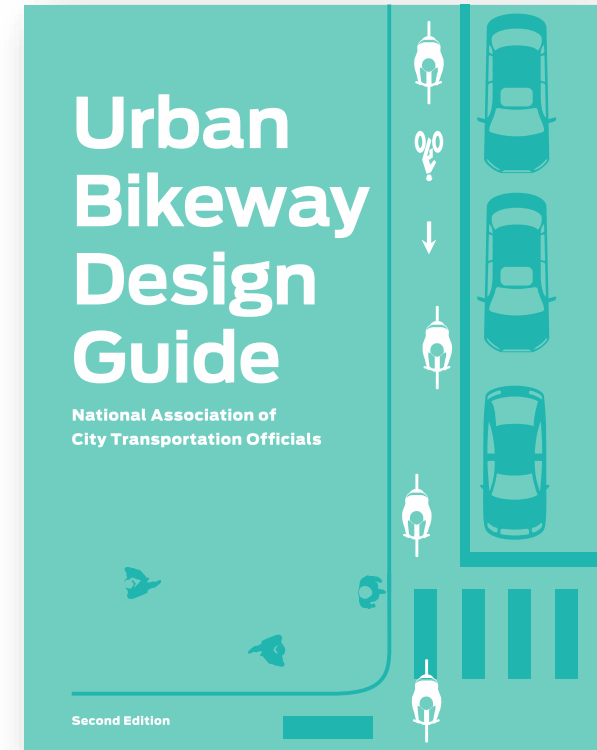
Bikeway Selection Guide Supports



FHWA



AASHTO



NACTO & ITE



Chapter 1: Introduction

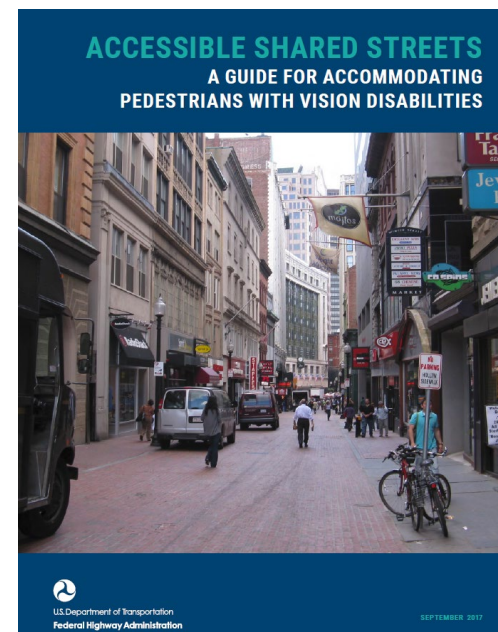
Bikeway Selection Guide Complements



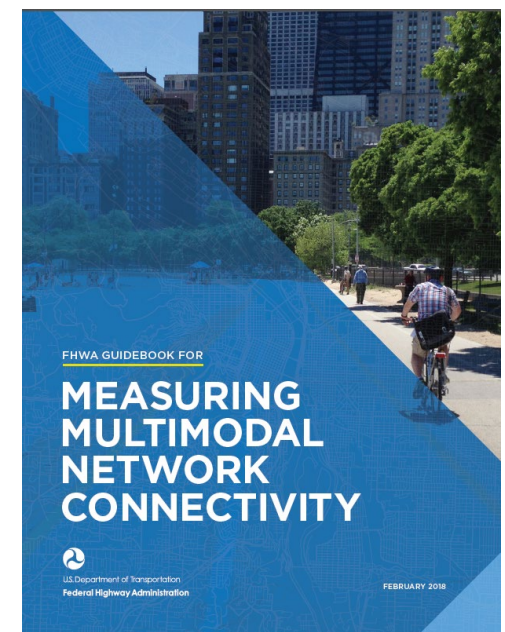
FHWA Separated Bike Lane Planning and Design Guide
May 2013



FHWA Achieving Multimodal Networks
August 2016



FHWA Accessible Shared Streets
September 2017



FHWA Measuring Multimodal Network Connectivity
February 2018



Tell Us About You

Mentimeter Survey Tool...





Posted Speed = 25 mph
Vehicle Volume = 4,000 AADT

What Type of Bikeway Would You Choose?





Posted Speed = 25 mph
Vehicle Volume = 14,000 AADT

What Type of Bikeway Would You Choose?





Posted Speed = 30mph
Vehicle Volume = 40,000 AADT

What Type of Bikeway Would You Choose?



How We Got Here



We are a car
dependent
culture

GOVERNING

THE STATES AND LOCALITIES

FINANCE | HEALTH | INFRASTRUCTURE | MANAGEMENT | ELECTIONS | POLITICS | PUBLIC SAFETY | URBAN | EDUCATION

PUBLIC SAFETY & JUSTICE

“Poor communities have double the fatality rates of wealthier communities.”

BY MIKE MACIAG | AUGUST 2014

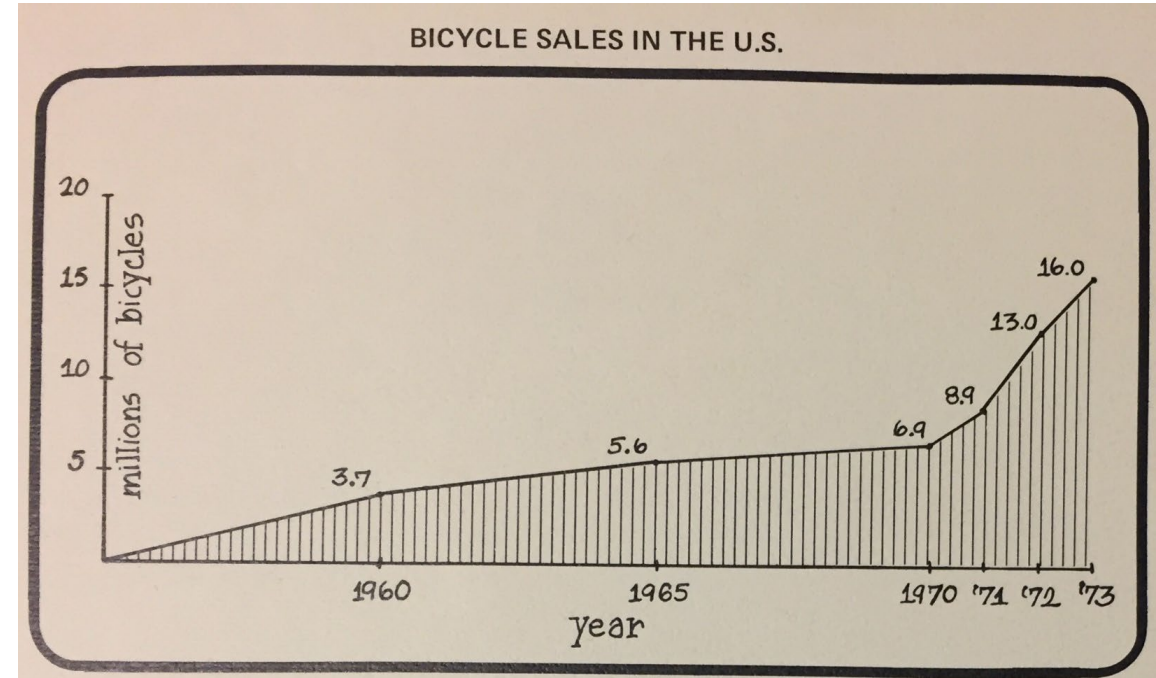


Background



San Francisco bicyclists seeking a dedicated bike lane on Market Street protest in front of City Hall in 1972.

Source: Joe Rosenthal, The Chronicle



Background

Bicycle crash increases
1970 - 1971:

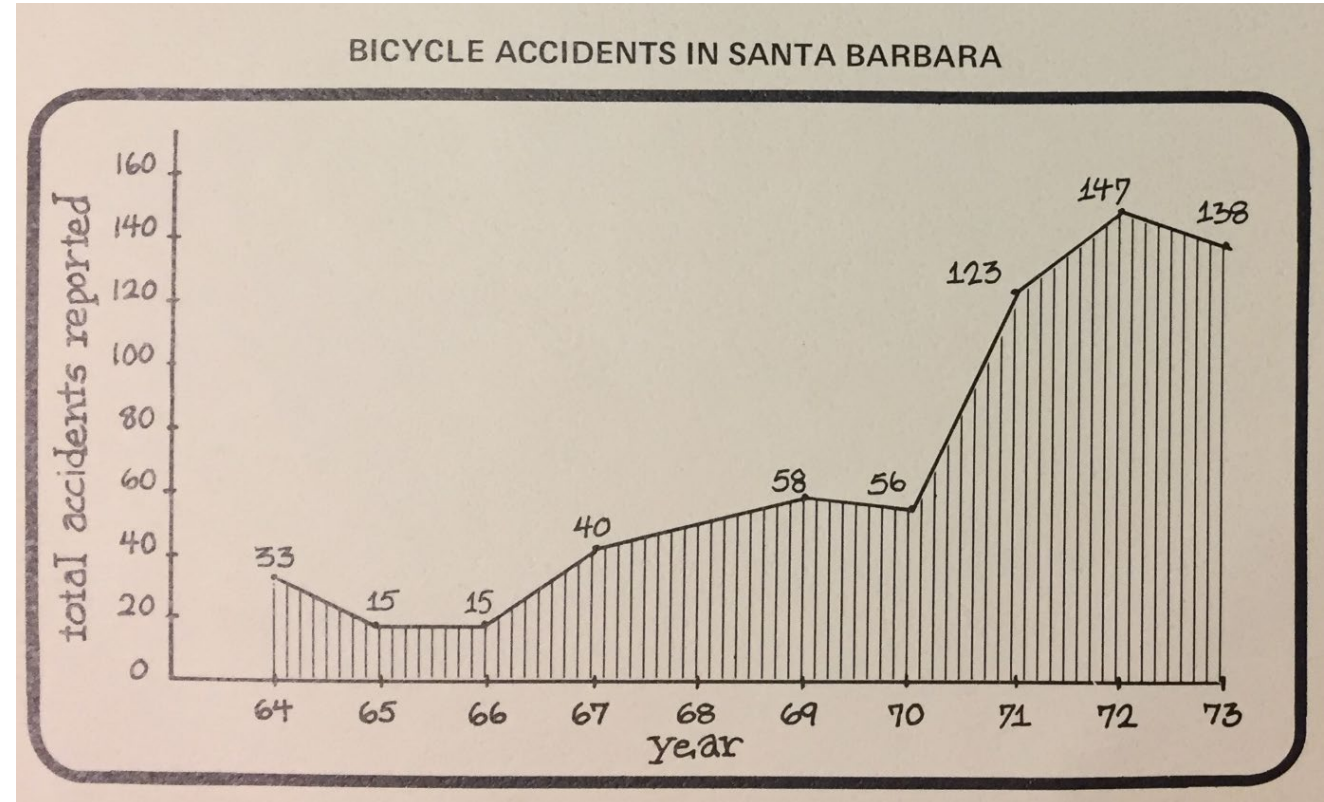
Miami up 50%

Colorado up 50%

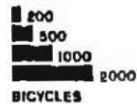
California up 35%

Massachusetts 45%

Source: NYTimes, 9/24/1972



America's First Bikeway Network – Davis, CA, 1967-1972



1971 BICYCLE VOLUMES
AM AND PM PEAK PERIODS



Need for Guidance

As bicycling increased, the US DOT recognized a need for design guidance.

In 1974, the AASHTO Bike Guide was born!

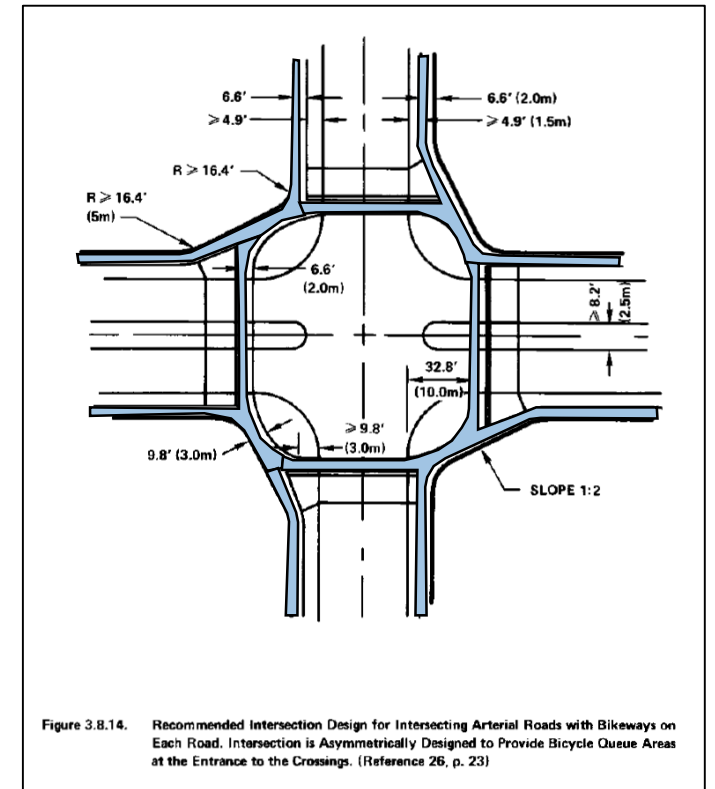
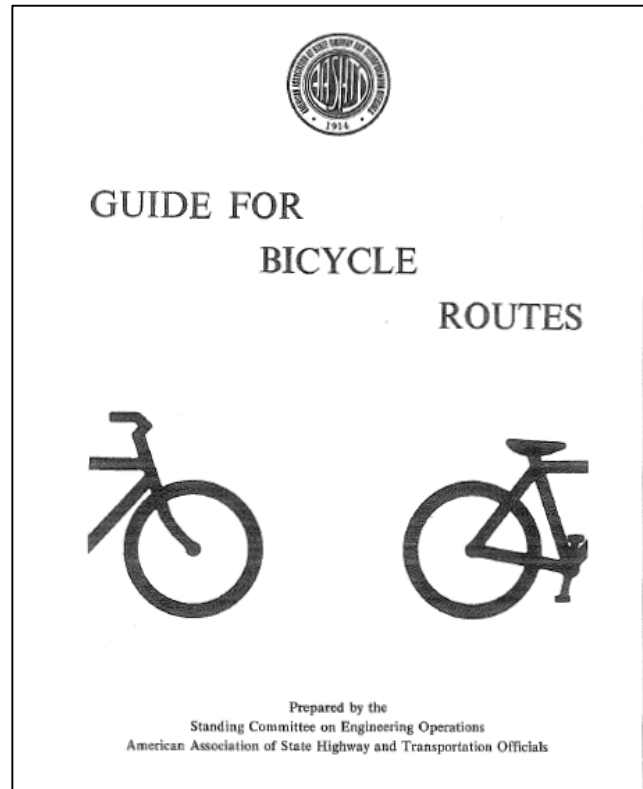


Figure 3.8.14. Recommended Intersection Design for Intersecting Arterial Roads with Bikeways on Each Road. Intersection is Asymmetrically Designed to Provide Bicycle Queue Areas at the Entrance to the Crossings. (Reference 26, p. 23)



1974 AASHTO Bike Guide

Minimum design speed:	10 mph
Desirable design speed:	15 mph
Bicycle lane criteria:	specific volumes included
Wide curb lanes:	not included
Separated bike lanes:	recommended
Sidepath intersection:	use protected intersection



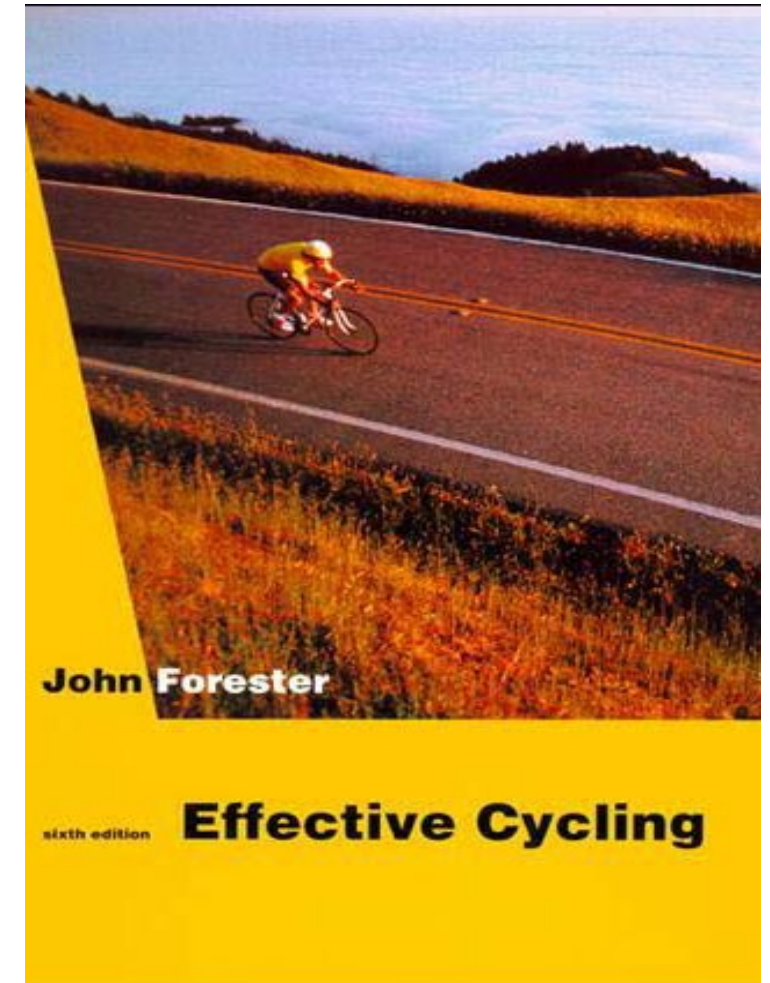
Some Bicyclists Grow Concerned

- Mandatory use laws inconvenient, restrictive, potentially unsafe
- Facilities not well maintained
- “Right to road” endangered



John Forester

“...the California government decided to "make cycling safe" by establishing a system of laws and facilities that would **impose the childish cyclist-inferiority system of operation upon all cyclists.**”



▀▀ Vehicular cycling...is faster and more enjoyable, so that the plain joy of cycling overrides the annoyance of even heavy traffic.



- John Forester

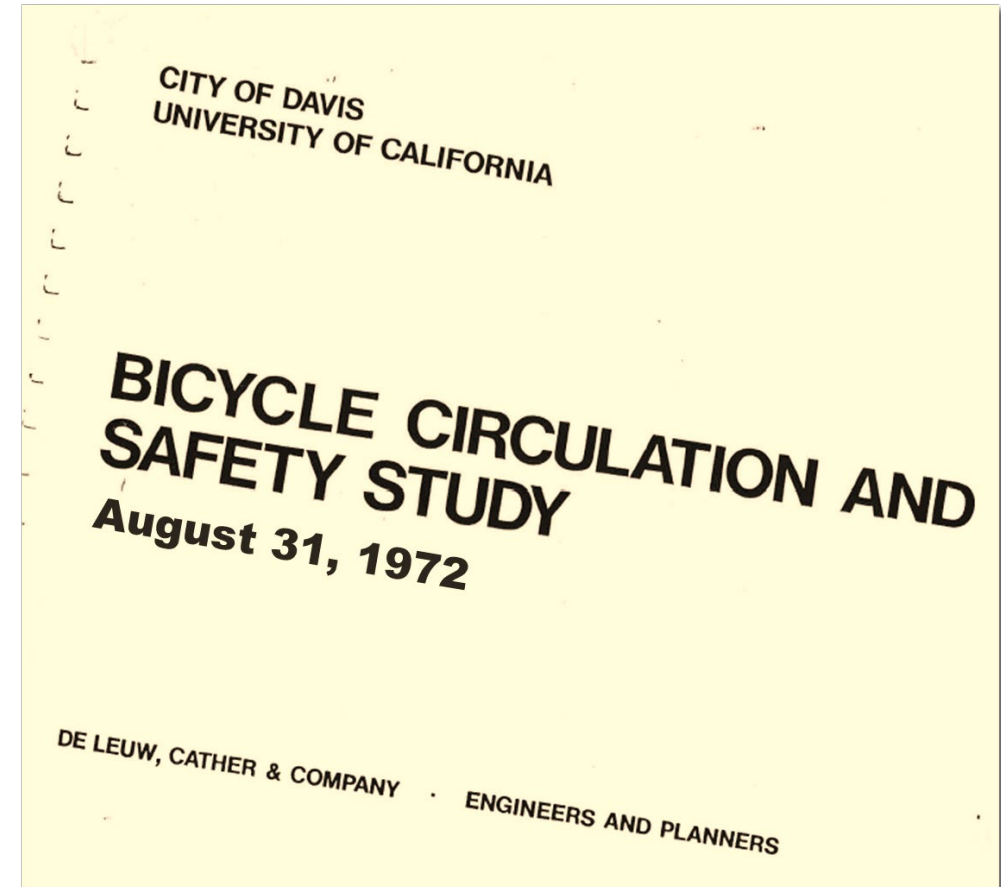


Early Research

1975 report on Safety and Locational Criteria for Bicycle Facilities findings consistent with modern-day research on bicyclists' preferences and safety:

- Bicyclists prefer separation
- Bike lanes safer than shared lanes
- Contra-flow bicycling increased crashes
- Sidewalk cycling less safe

De Leuw (1974), Cross (1974), and Kaplan (1976)



California as a Bellwether

“The fear of liability on the part of the organizations whom the members represented was the only argument that swayed them.”

- J. Forester

Efforts to separate bicycles from the normal flow of vehicular traffic are not practical in the 20th century – the priority is to accommodate motorized vehicular traffic.

- CalTrans engineer Harold Munn



UNIVERSITY OF MICHIGAN
TRANSPORTATION RESEARCH INSTITUTE

Planning and Design Criteria for Bikeways in California

*Pursuant to: Sections 2373, 2374,
2375, and 2376 of the
Streets and Highways Code*

Highway Safety
Research Institute

APPROVED: *Adriana Gianturco*
ADRIANA GIANTURCO
Director of Transportation

DATE: June 30, 1978

State of California
Business and Transportation Agency
Department of Transportation



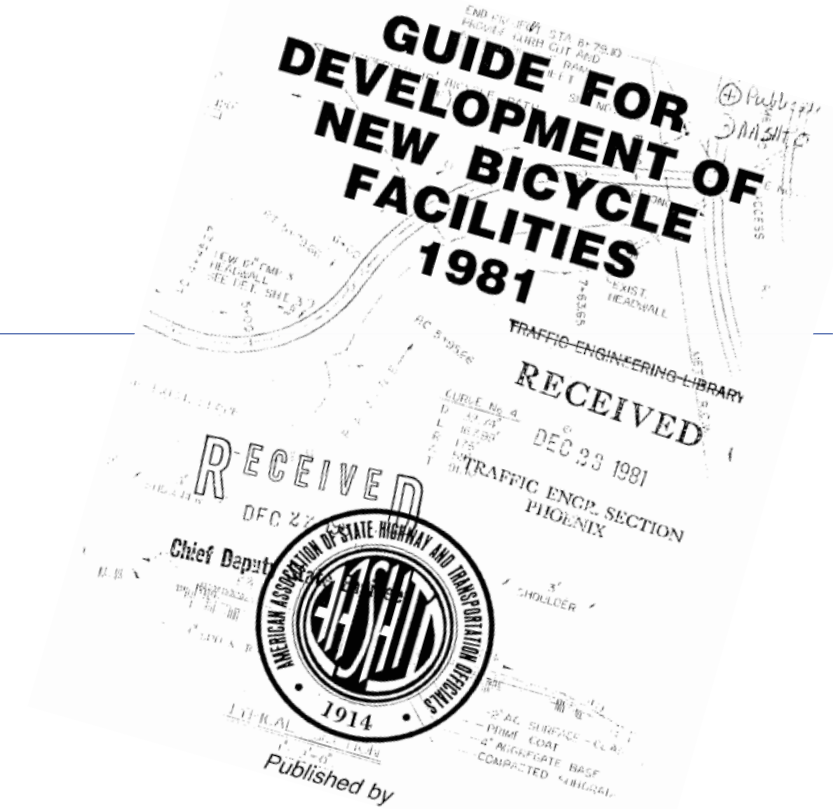
■ ■ The LAW supports bike paths as separate facilities where no public road exists, on bridges, to bypass or parallel limited access highways, or in special recreation and park areas.



- League of American Wheelman, 1973

1981 AASHTO Bike Guide

Minimum design speed:	20 mph
Desirable design speed:	30 mph
Bicycle lane criteria:	loose
Wide curb lanes:	preferred if no bike lane
Separated bike lanes:	prohibited
Sidepath intersection:	avoid designing sidepaths



▶▶ Many of the common problems are related to improper behavior and can only be corrected through effective education and enforcement programs. ▶▶

- AASHTO Introduction

Wide Lanes Win the Day in 1980s





TEXAS
JXK-1891

SOUTHEASTERN

QUALITY WITHOUT QUESTION
www.sef.com
48-4702

FedEx MultiModal

FXFZ
974147

SPEED
LIMIT
40

1991 AASHTO Bike Guide

Minimum design speed:	20 mph
Desirable design speed:	30 mph
Bicycle lane criteria:	loose
Wide curb lanes:	preferred if no bike lane
Separated bike lanes:	prohibited
Sidepath intersection:	avoid designing sidepaths



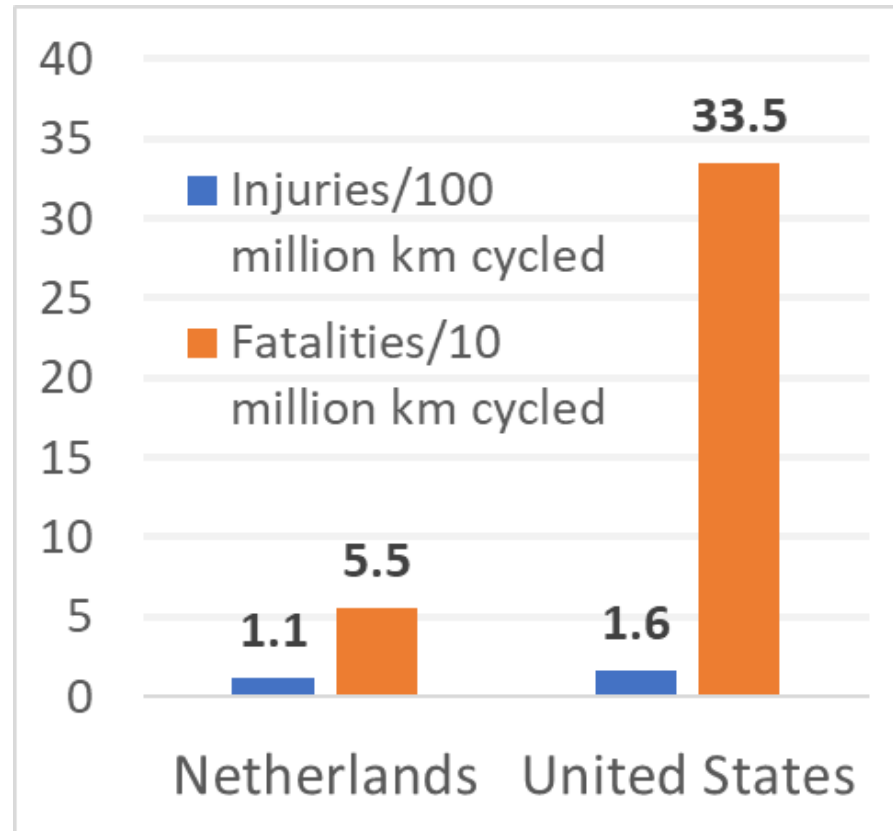
1999 AASHTO Bike Guide

Minimum design speed:	20 mph
Desirable design speed:	30 mph
Bicycle lane criteria:	loose
Wide curb lanes:	preferred if no bike lane, wider
Separated bike lanes:	prohibited
Sidepath intersection:	integrate with intersection



2000s

European Evidence Increasingly Important



National mode share: 27%

1%



2012 AASHTO Bike Guide

Minimum design speed:	18 mph
Desirable design speed:	30 mph
Bicycle lane criteria:	may serve potential cyclists
Wide curb lanes:	last resort if no bike lane
Separated bike lanes:	introduced as one-way sidepath
Sidepath intersection:	integrate with intersection



Today: Bicycling for Everyone!



2020 AASHTO Bike Guide

- Minimum design speed: **15 mph**
- Desirable design speed: **18-30 mph**
- Bicycle lane criteria: **may serve potential cyclists**
- Wide curb lanes: **last resort if no bike lane**
- Separated bike lanes: **definitively supports**
- Sidepath intersection: **protected intersection option**



Big issue with every guide: what facility type to choose...

...and what if you can't get your first choice?



Policy and Planning

Vision
Goals



Chapter 2: Bikeway Selection Process

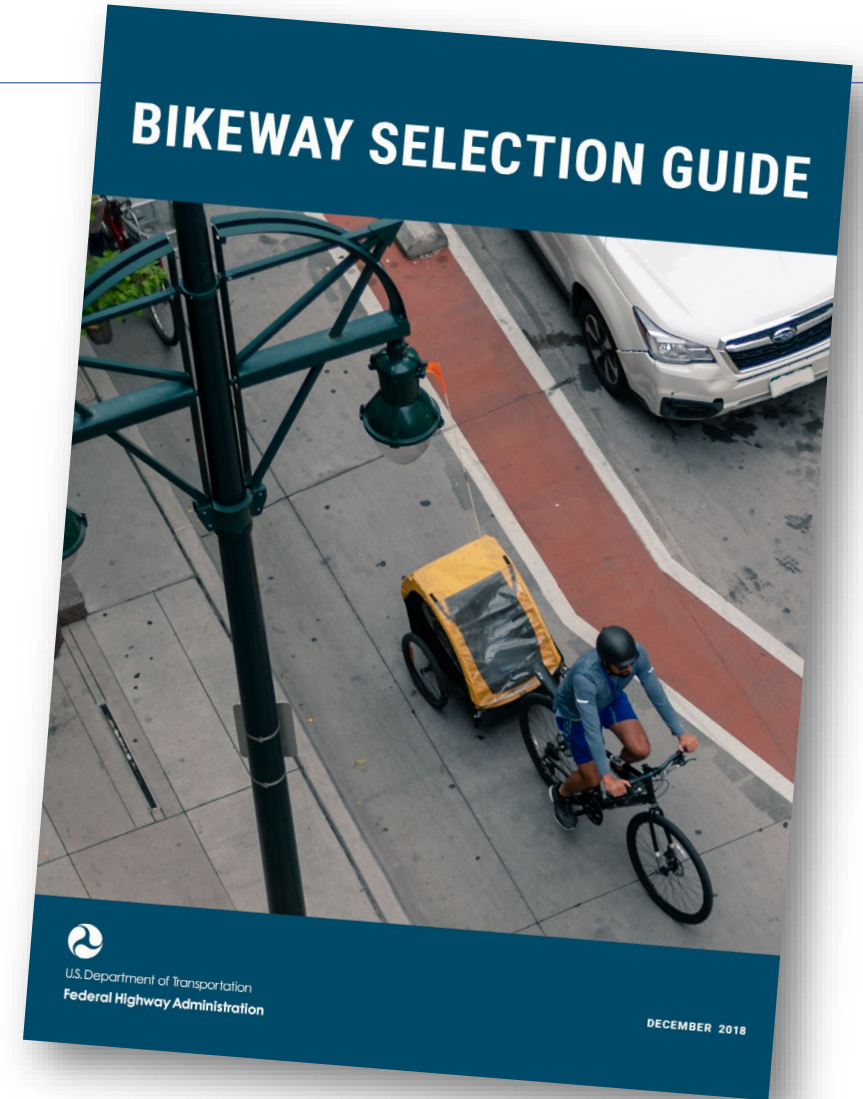
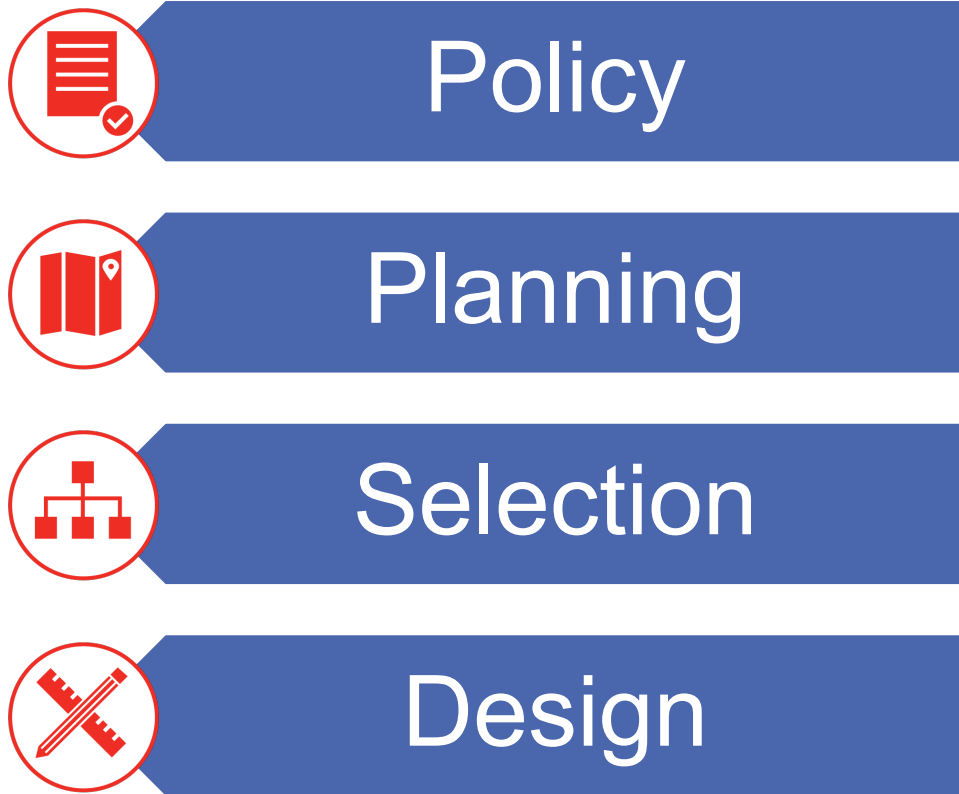
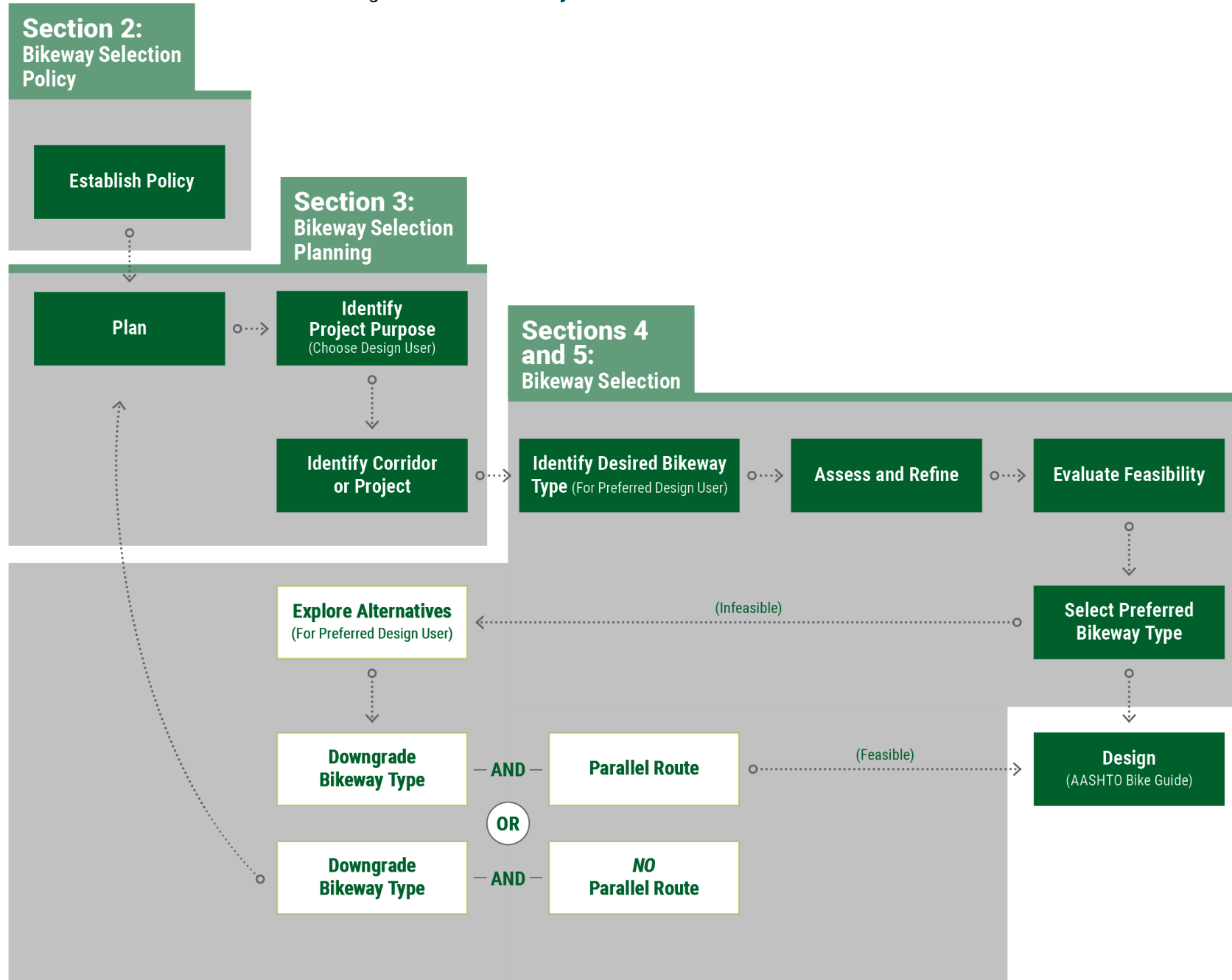


Figure 1: FHWA Bikeway Selection Process and Guide Outline



Section 2: Bikeway Selection Policy

Establish Policy

Plan

Section
Bikeway
Planning

Identify
Project
(Choose)

Identify

2. Bikeway Selection Policy

A transportation agency's policies can help to define a vision for the transportation network. They can also support consistent implementation of projects that meet the needs of all users. Policies can address a broad range of topics, such as bikeway funding, project development, planning, design, accessibility, and maintenance. Policies are also useful to guide and prioritize acceptable trade-offs. The following section highlights examples of how policies can provide context and serve as a framework for the bikeway planning and selection process.

Policies relating to bikeway selection can:

- 1. Define specific goals and expectations for the bicycle network.** For example, an agency may establish a policy stating that the primary bicycle network should serve the "interested but concerned" user type and/or be designed to support a target bicycle mode share (see page 13).
- 2. Make the linkage between bikeway selection and broader goals for multimodal access and safety.** Vision Zero policies and related "Road to Zero" or "Toward Zero Deaths" initiatives can specifically reference bikeway selection as a strategy for reducing fatalities and serious injuries. Policies can explain how bikeway selection occurs as part of all transportation activities and funding programs. They can also explain the relationship between broader goals for level of service (LOS) and the project's defined purpose. For example, as part of the long-range planning process, an agency can establish a desired LOS for bicyclists and identify the bikeway types that will achieve the desired LOS.
- 3. Provide a transparent framework for project prioritization and funding.** Policies can promote a transparent decision making process for prioritizing and funding transportation projects and bikeways.
- 4. Provide a transparent framework for prioritization and programming transportation projects including specific bikeway types.** Policies can promote a transparent decision making process for prioritizing and funding transportation projects and bikeways.
- 5. Define different planning contexts and design considerations used to select desired bikeway types.** Roadways pass through a broad range of land use and development contexts, such as rural areas and urban centers. An agency's policies for bikeway selection can clearly describe planning context and highlight relevant factors such as topography, curbside uses, geographic distribution of destinations, local plans, and traffic characteristics. Policies can also address accessibility requirements and guidelines. For example, an agency can demonstrate how people with disabilities will cross a separated bike lane.

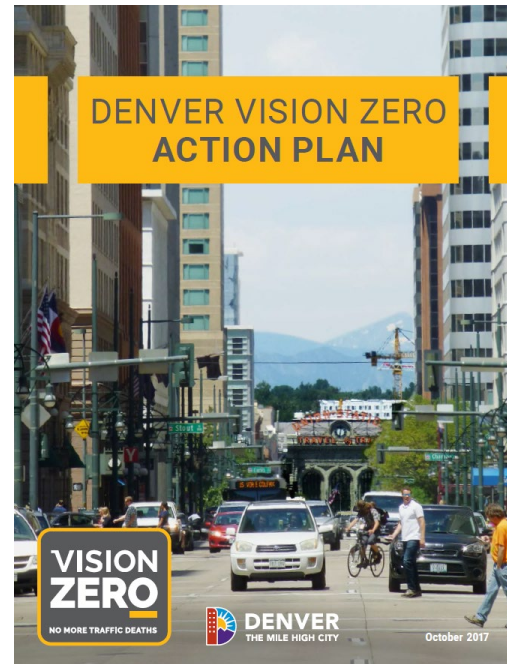


Chapter 2: Establish Bikeway Selection Policy

Example:

Define specific goals and expectations for the bicycle network.

- Increase bicycling?
- Improve safety?

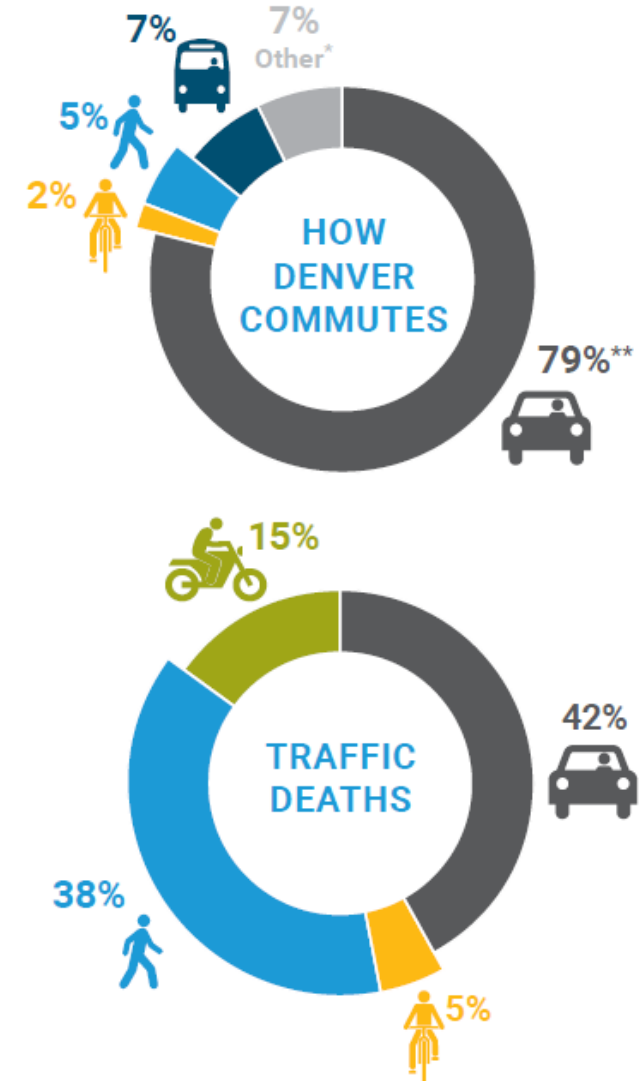


Reconfigure streets and intersections to improve safety and operations

Continue building the enhanced bikeway network and the amenities that support it (bicycle detection, parking), and phase implementation to ensure connectivity.

20 miles of bikeways/year

Figure 2: How Denver commutes versus Denver traffic deaths



* Includes motorcycle commuting
** Includes driving alone and carpooling

Source: U.S. Census Bureau (2011-2015); DPD (2011-2016)



Chapter 2: Establish Bikeway Selection Policy

The Dutch Approach to Safety and Bikeway Selection

Between the 1950s and 1970s, the Netherlands and the United States began an intense period of auto-centric planning. The resulting increases in motor vehicle travel led to a steady increase in transportation related fatalities. In 1972 transportation-related fatalities peaked in both countries. Improvements in roadway design, vehicle design, and medical care since the early 1970s have led to decreases in fatalities between 1972 and 2011, and between 1972 and 2017, as shown in Table 1 below.

The Most Effective Features of Sustainable Safety

The Dutch Sustainable Safety program includes traditional reactive strategies to address crashes that have occurred as well as efforts to improve vehicle design. The improved safety outcomes, however, are largely obtained by the preventative approach to roadway design which strives to prevent serious crashes, and where crashes do occur, to minimize the risk of severe

Sustainable Safety Principles:

- Functionality
- Homogeneity
- Predictability
- Forgiveness
- State Awareness

		Fatalities (2011)	Fatalities (2017)
United States	54,589	32,367 (- 40.7%)	40,100 (- 26.6%)
Netherlands	3,506	661 (- 81.1%)	613 (- 82.5%)



Chapter 2: Establish Bikeway Selection Policy

Define goals, expectations, and metrics for success

Tied to multimodal network standards

- e.g. Complete Streets, Sustainable Safety, Vision Zero

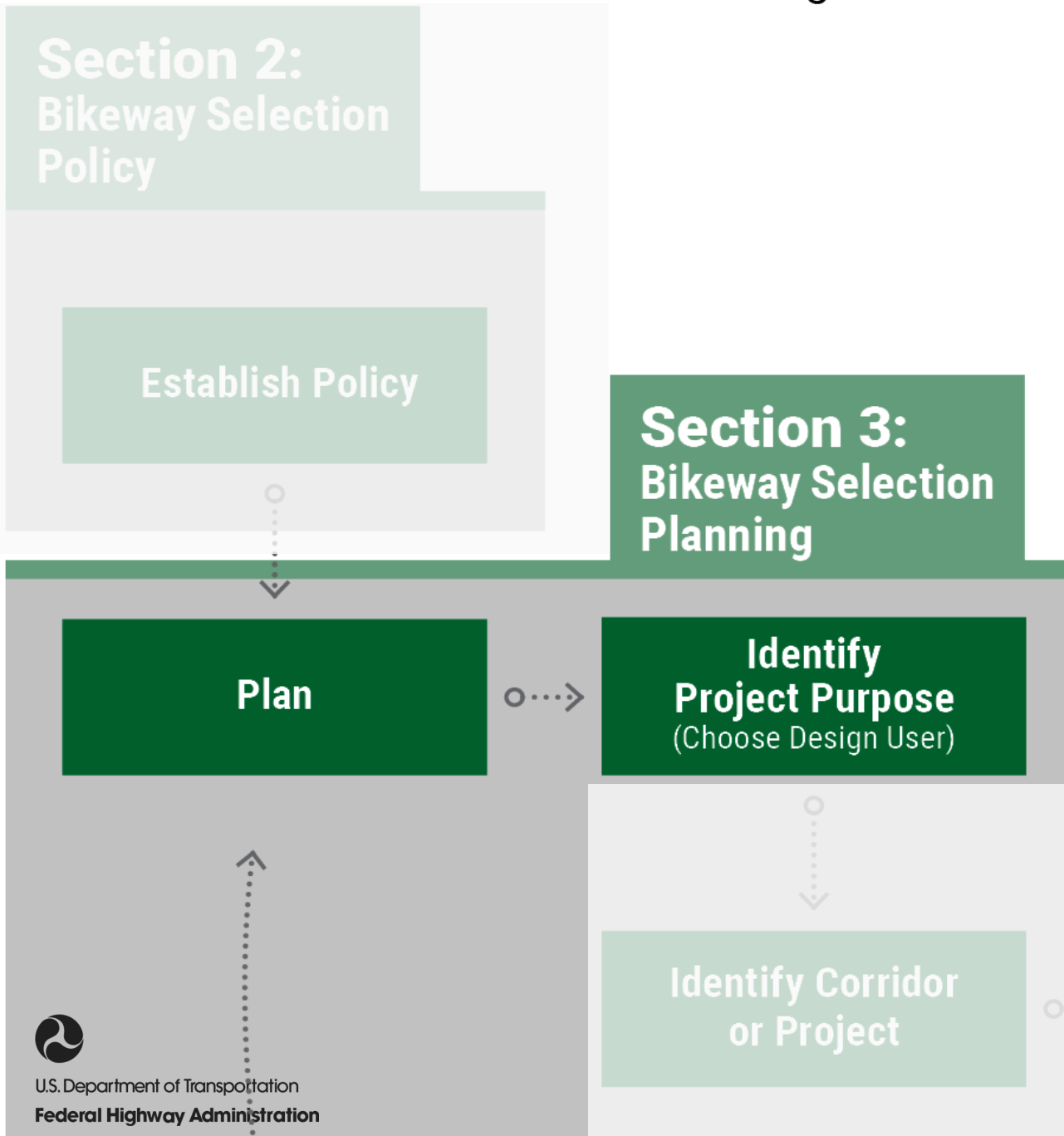
Transparent project prioritization

Project-level feasibility assessments

Proactively address maintenance



Figure 1: FHWA



3. Bikeway Selection Planning

Bikeway type selection should not be done in isolation. The decision is part of a broader planning process that accounts for the needs, conditions, and traffic characteristics of all modes, including freight, transit, personal vehicles, emergency access, bicyclists, and pedestrians. This process includes community goals and priorities as well as public involvement and feedback from all parts of the community.

Vision

At the core of the planning process is a vision for a future bicycle network. The vision is developed through a planning process and is typically documented in a local, regional, or state plan. The vision describes desired future characteristics of and outcomes for bicycle transportation and typically defines, explicitly or implicitly, the target bicyclist design user type (as described on page 13).

The vision for the bike network can inform planning-related activities, such as decisions regarding where an agency chooses to pave shoulders and transportation recommendations in a small area plan. It should also be integrated into planning discussions about large scale transportation initiatives and plans for other types of networks, such as transit and freight.

To strengthen the vision, an agency may set it into policy. Agencies may consider adoption of the Safe Systems or Sustainable Safety policy, as described in the previous pages, which applies to all transportation decisions. In this case, the agency might prioritize the most vulnerable road users above other transportation objectives. These priorities inform the planned network and specific objectives for each transportation improvement project.

The Bicycle Network

A bicycle network is a seamless interconnected system of bikeways. The purpose and quality of the network depends on the assumptions, goals, and decisions made during the

planning process. Networks should be thought of as providing necessary and desired connections and the most successful bicycle networks enable people to have the abilities to safely and conveniently get where they need to go.

The bicycle network informs bikeway type selection. Where higher quality facilities are needed the most, a project is planned on a roadway that is a critical part of the network, including the appropriate bike infrastructure. A lower quality facility, such as a regular bike lane on a busy suburban arterial, is a missed opportunity to build out a high comfort bike network that serves a greater population. The opportunity to make a high-quality facility may not occur again for decades. While this bike network improvement over no bikeway facility, it will not provide the most people given the context.

Similarly, if a project is planned on a road that is not part of the bike network, a trade-off on the quality of the bikeway may be more acceptable (keeping in mind that bicyclists are allowed to travel on all public roads, unless prohibited, where a bicycle facility is present).

By influencing bikeway selection in this way, the network helps communities be strategic about planning and implementation, while also helping to balance network needs, such as for transit and freight. Local staff and advocates set priorities by recognizing that not every individual street or road does not serve the same function in the network and that some are more important than others. The network also helps to determine the extent to which a route (described on page 34) is a feasible alternative.

Chapter 3: Bikeway Selection Planning

Vision

The Bicycle Network

Target Design User

Bikeway Types

Road Context

Project Type and Purpose

Bicycle Network Vision Statements

Massachusetts Department of Transportation Statewide Bike Plan Vision

Massachusetts' integrated and multimodal transportation system will provide a safe and well-connected bicycle network that will increase access for both transportation and recreational purposes. The Plan will advance bicycling statewide as a viable travel option - particularly for short trips of three miles or less - to the broadest base of users and free of geographic inequities.



Break



Planning Inputs

- **Network**
- **Users**
- **Bikeway types**
- **Context**



Network



Chapter 3: The Bicycle Network

Seven Principles of Bicycle Network Design



Safety

The frequency and severity of crashes are minimized and conflicts with motor vehicles are limited



Comfort

Conditions do not deter bicycling due to stress, anxiety, or concerns over safety



Connectivity

All destinations can be accessed using the bicycling network and there are no gaps or missing links



Directness

Bicycling distances and trip times are minimized



Cohesion

Distances between parallel and intersecting bike routes are minimized



Attractiveness

Routes direct bicyclists through lively areas and personal safety is prioritized

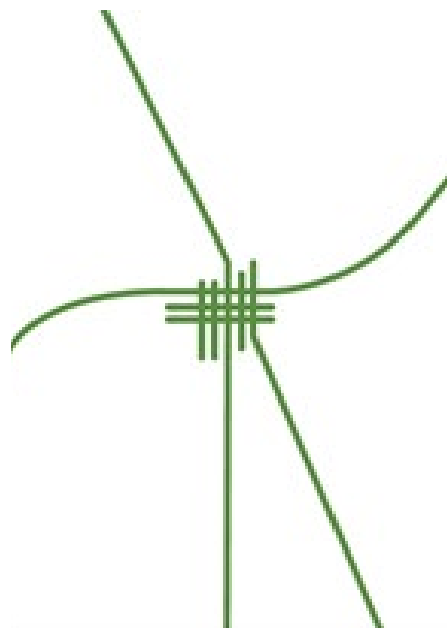
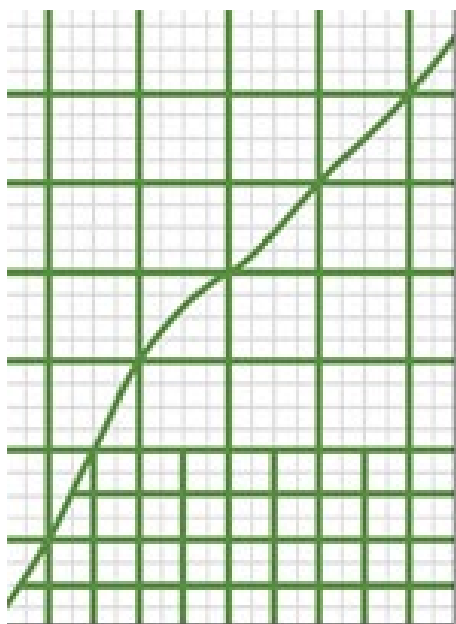


Unbroken Flow

Stops, such as long waits at traffic lights, are limited and street lighting is consistent



Network Context



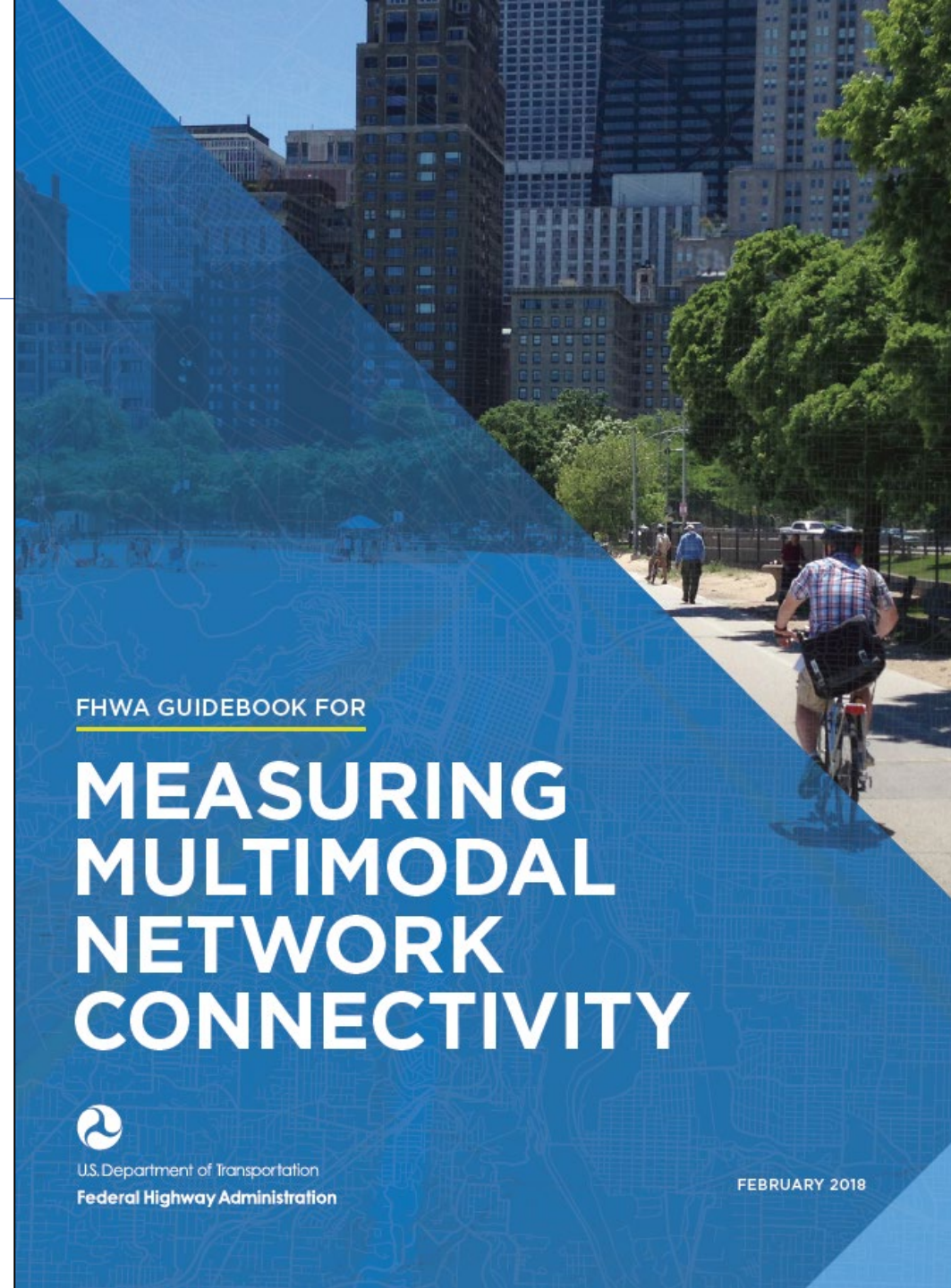
The level to which the preferred bikeway type should be compromised, if compromise is necessary, should be informed by the relative importance of the segment within the larger network and the availability of alternative routes. For example, if the form of the bike network is a grid, a compromise on one segment may be acceptable given that a high-quality parallel route may be available.

In contrast, if there is only one roadway that provides access that provides access for bicyclists, for example to a downtown center, compromising on the bikeway type is less desirable.



Key Components of Pedestrian and Bicycle Network Connectivity

- Network Completeness
- Network Density
- Route Directness
- Access to Destinations
- Network Quality



FHWA GUIDEBOOK FOR

MEASURING MULTIMODAL NETWORK CONNECTIVITY



U.S. Department of Transportation
Federal Highway Administration

FEBRUARY 2018

Users



Chapter 3: The Bicycle Network - Design User

Key Principles



Safety

The frequency and severity of crashes are minimized and conflicts with motor vehicles are limited



Comfort

Conditions do not deter bicycling due to stress, anxiety, or concerns over safety



Connectivity

All destinations can be accessed using the bicycling network and there are no gaps or missing links



Directness

Bicycling distances and trip times are minimized



Cohesion

Distances between parallel and intersecting bike routes are minimized



Attractiveness

Routes direct bicyclists through lively areas and personal safety is prioritized



Unbroken Flow

Stops, such as long waits at traffic lights, are limited and street lighting is consistent



BICYCLIST DESIGN USER PROFILES

**Interested
but Concerned**

**Somewhat
Confident**

**Highly
Confident**

Often not comfortable with bike lanes, may bike on sidewalks even if bike lanes are provided; prefer off-street or separated bicycle facilities or quiet or traffic-calmed residential roads. May not bike at all if bicycle facilities do not meet needs for perceived comfort.

Generally prefer more separated facilities, but are comfortable riding in bicycle lanes or on paved shoulders if need be.

Comfortable riding with traffic; will use roads without bike lanes.



**LOW STRESS
TOLERANCE**

**HIGH STRESS
TOLERANCE**

Source: Dill, J., McNeil, N. (2012). Four Types of Cyclists? Examining a Typology to Better Understand Bicycling Behavior and Potential.



BICYCLIST DESIGN USER PROFILES

Interested but Concerned

51%-56% of the total population

Often not comfortable with bike lanes, may bike on sidewalks even if bike lanes are provided; prefer off-street or separated bicycle facilities or quiet or traffic-calmed residential roads. May not bike at all if bicycle facilities do not meet needs for perceived comfort.

Somewhat Confident

5-9% of the total population

Generally prefer more separated facilities, but are comfortable riding in bicycle lanes or on paved shoulders if need be.

Highly Confident

4-7% of the total population

Comfortable riding with traffic; will use roads without bike lanes.



LOW STRESS TOLERANCE

HIGH STRESS TOLERANCE



Chapter 3: Bicycle Network – Design User



High Traffic Stress



Low Traffic Stress



Bikeway Types



Chapter 3: The Bicycle Network - Form

Key Principles



Safety

The frequency and severity of crashes are minimized and conflicts with motor vehicles are limited



Comfort

Conditions do not deter bicycling due to stress, anxiety, or concerns over safety



Connectivity

All destinations can be accessed using the bicycling network and there are no gaps or missing links



Directness

Bicycling distances and trip times are minimized



Cohesion

Distances between parallel and intersecting bike routes are minimized



Attractiveness

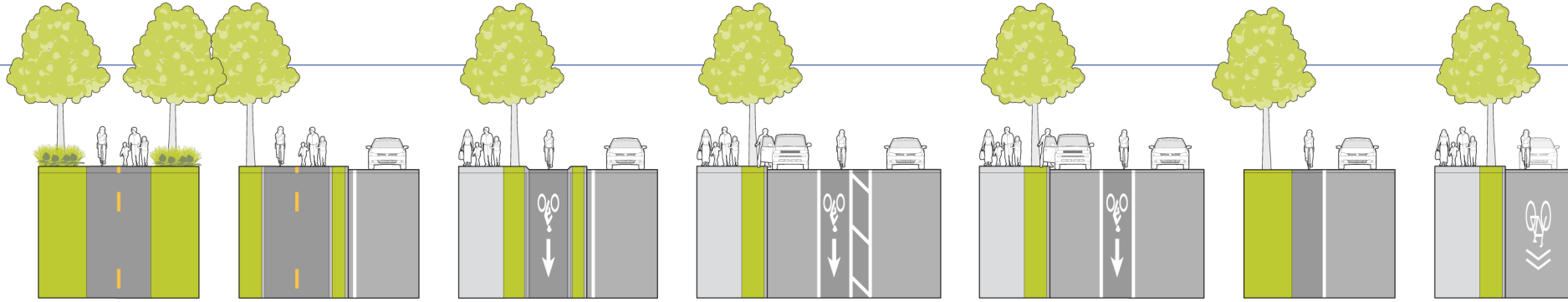
Routes direct bicyclists through lively areas and personal safety is prioritized



Unbroken Flow

Stops, such as long waits at traffic lights, are limited and street lighting is consistent





Shared-Use Path

Side Path

Separated Bike Lane

Buffered Bike Lane

Bike Lane

Shoulder

Shared Lane

+ SEPARATION FROM TRAFFIC **-**





Conventional Bike Lanes (High Speed and Volume Environments)



U.S. Department of Transportation
Federal Highway Administration





Conventional Bike Lanes (Low Speed Environments)



U.S. Department of Transportation
Federal Highway Administration





Buffered Bike Lanes (High Speed and Volume Environments)



U.S. Department of Transportation
Federal Highway Administration





Separated Bike Lane - Retrofit



U.S. Department of Transportation
Federal Highway Administration





Separated Bike Lane - Reconstruction



U.S. Department of Transportation
Federal Highway Administration





Shared Use Paths



U.S. Department of Transportation
Federal Highway Administration



Neighborhood Greenways (aka Bike Boulevards)



U.S. Department of Transportation
Federal Highway Administration



Low-Stress Bicycle Network



- Referred to often as an “all ages and abilities” network or a high-comfort network.
- Designed to be safe and comfortable for all users.
- Created with an emphasis on quality.



Low-Stress Bicycle Network



- Separated bike lanes and shared use paths
- Low-speed and low-volume streets with characteristics of bicycle boulevards
- By serving a broad audience, low-stress networks maximize system use. They have resulted in bicycling rates of 5 to 15 percent in the United States.



Context









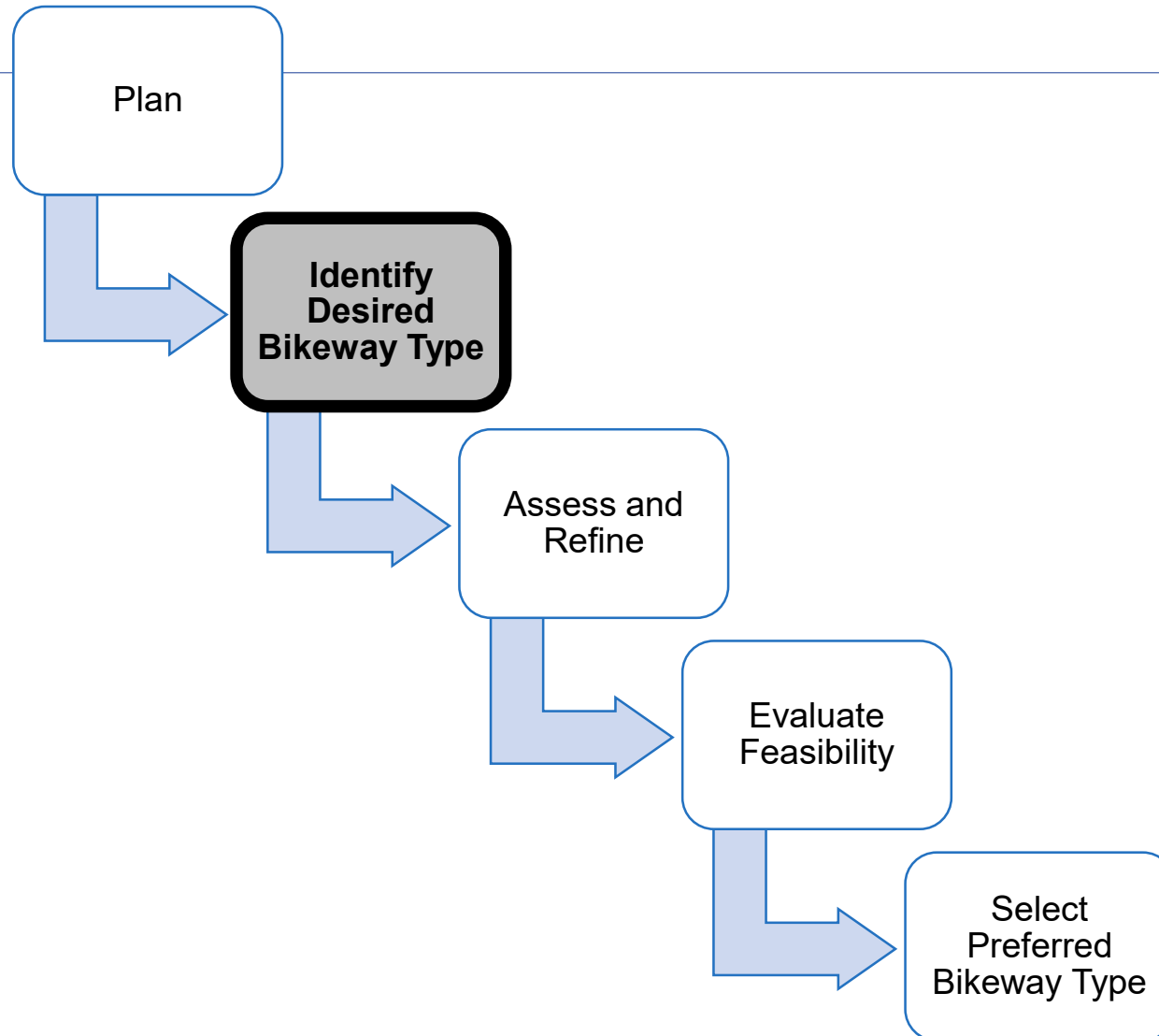








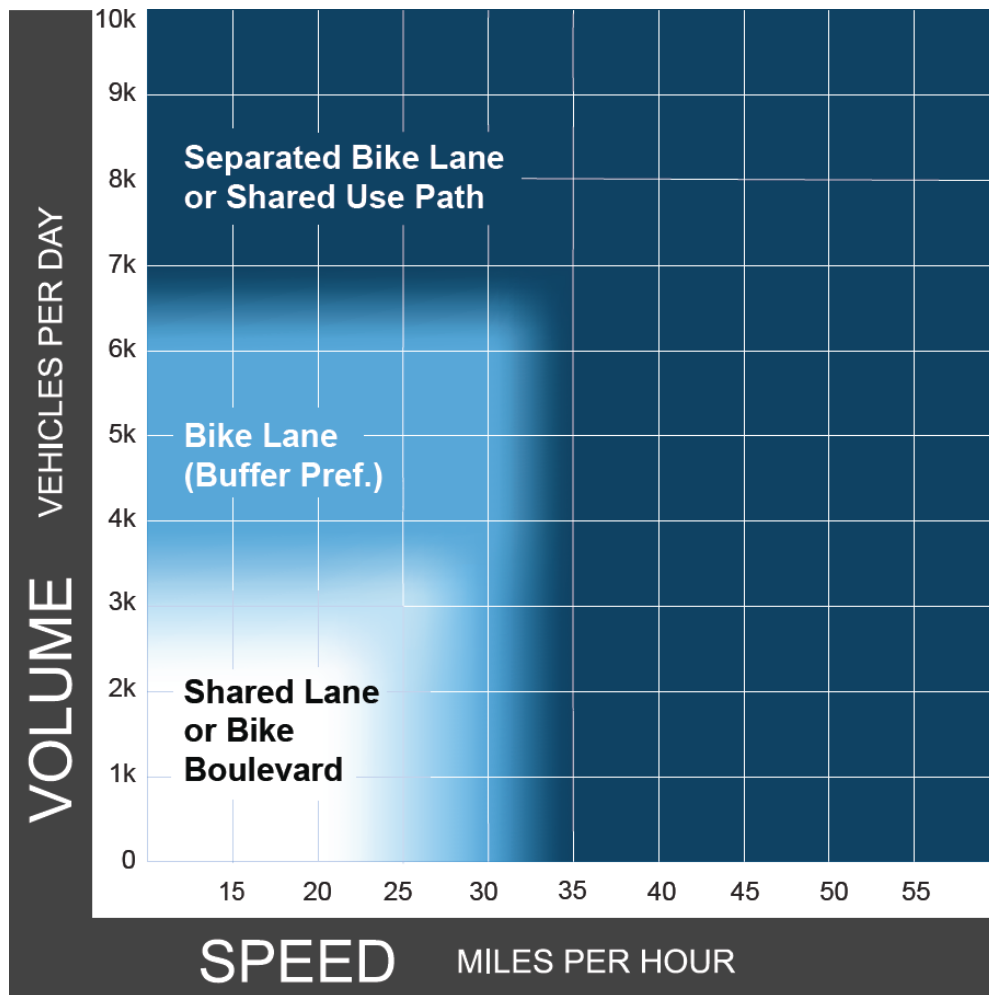
Bikeway Selection Process



Facility Selection Tools



City, Small Town, and Suburban Roadways

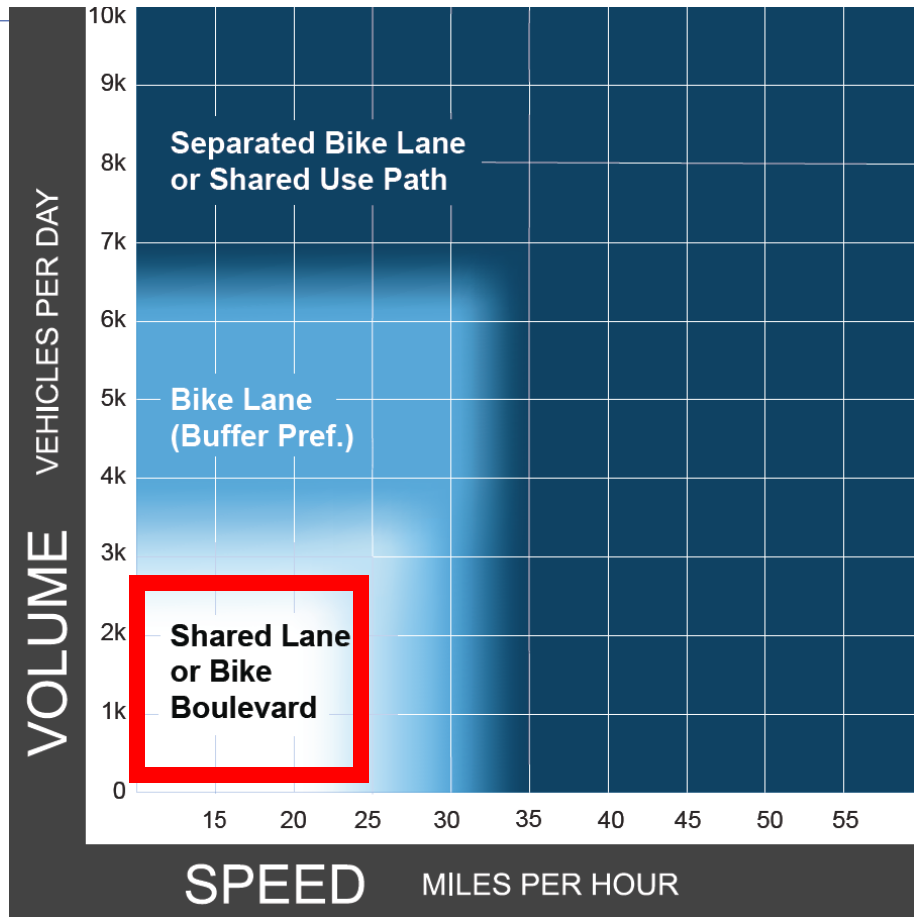


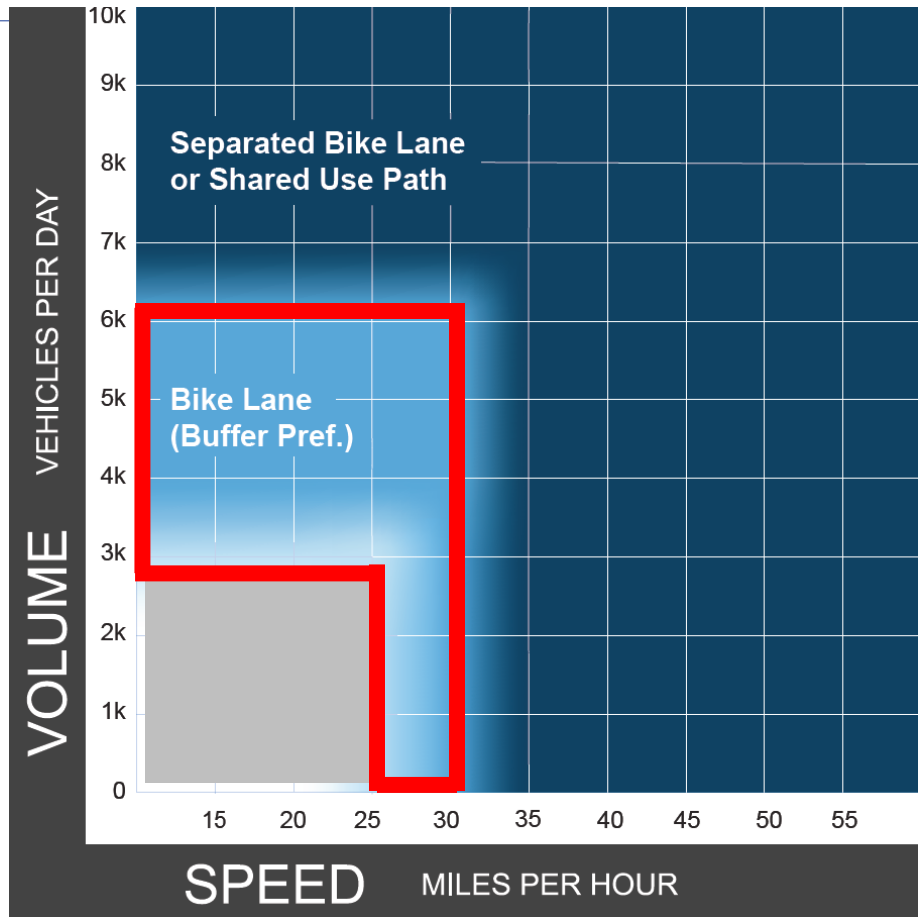
Identifies the **preferred** bikeway type.

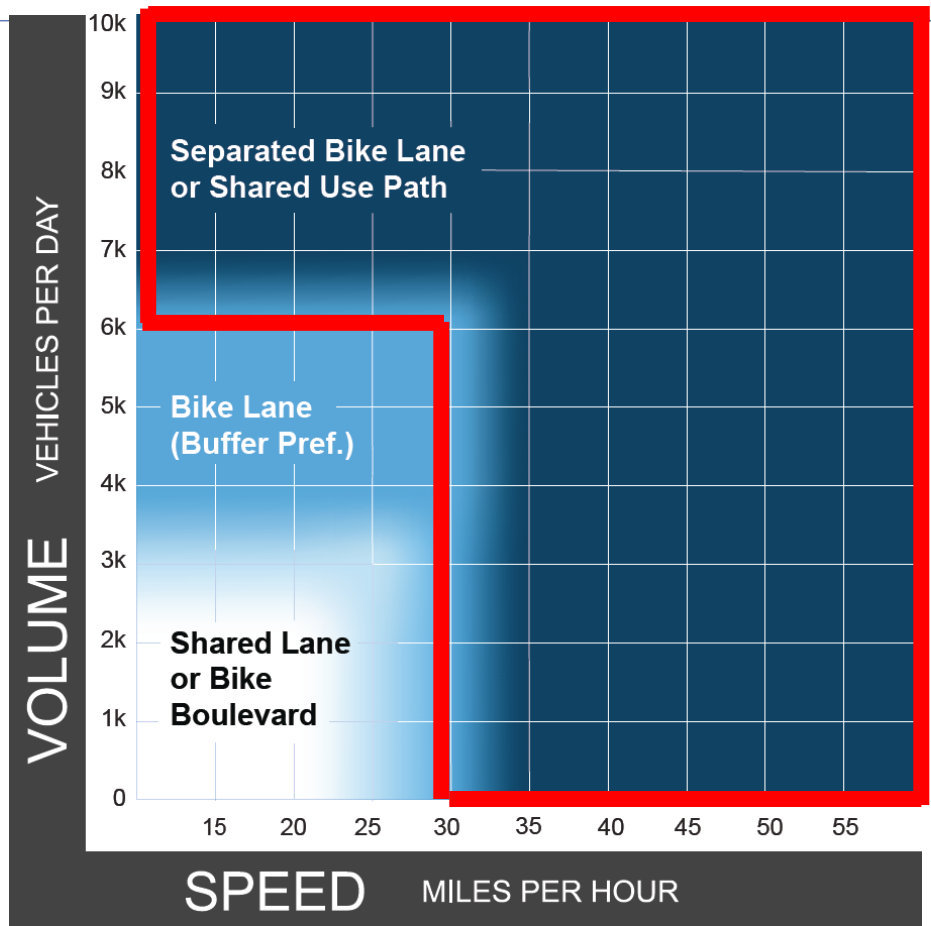
Design User Assumption:
Interested but concerned cyclist

Analysis:
Bicycle Level of Traffic Stress

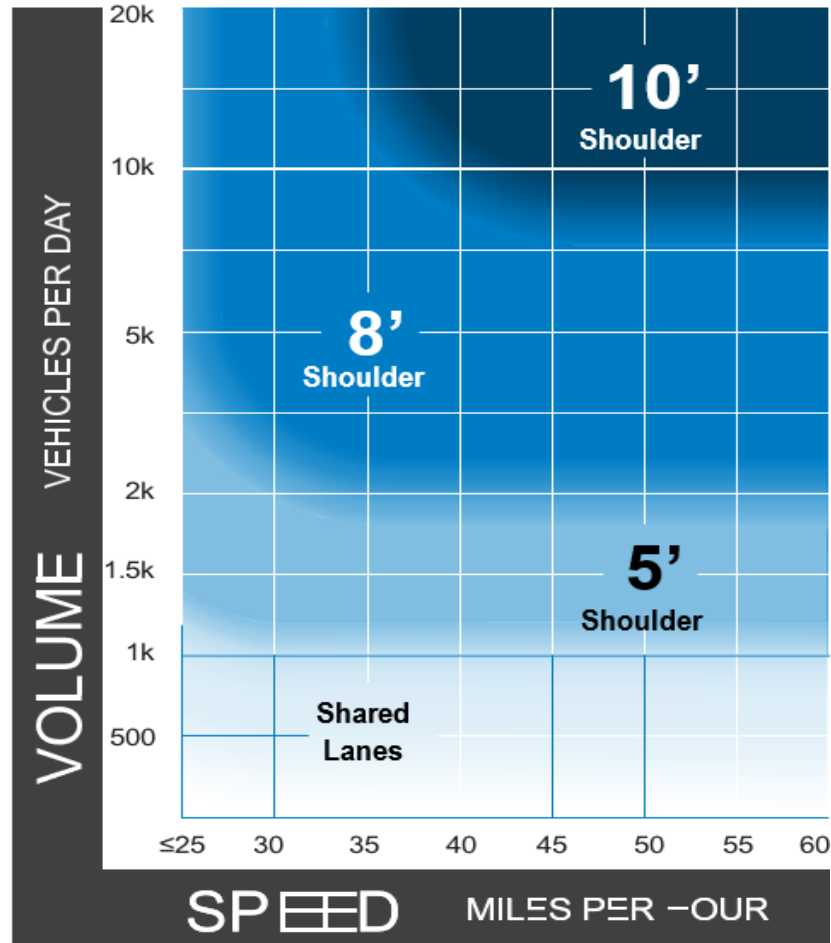








Rural Roadways



Identifies the **preferred** shoulder width.

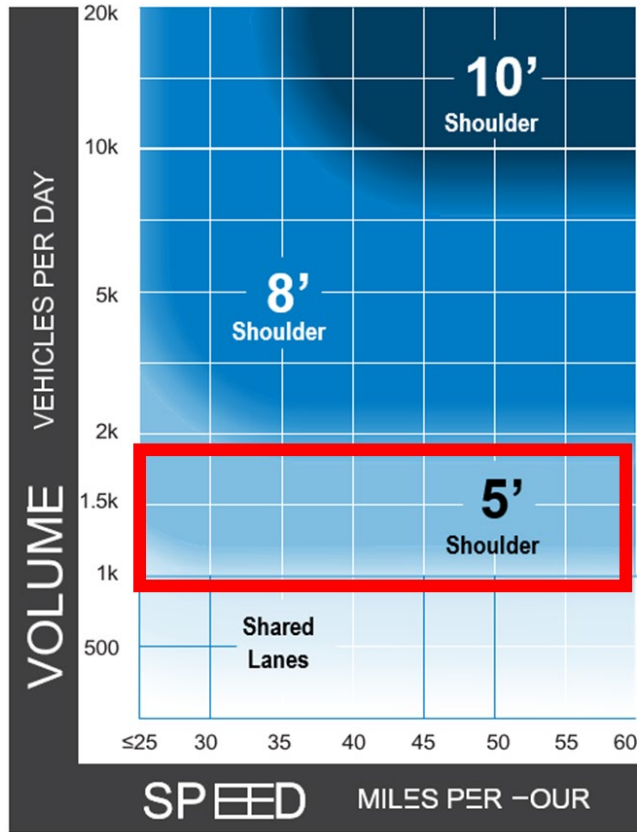
Design User Assumption:
Confident cyclist

Analysis:

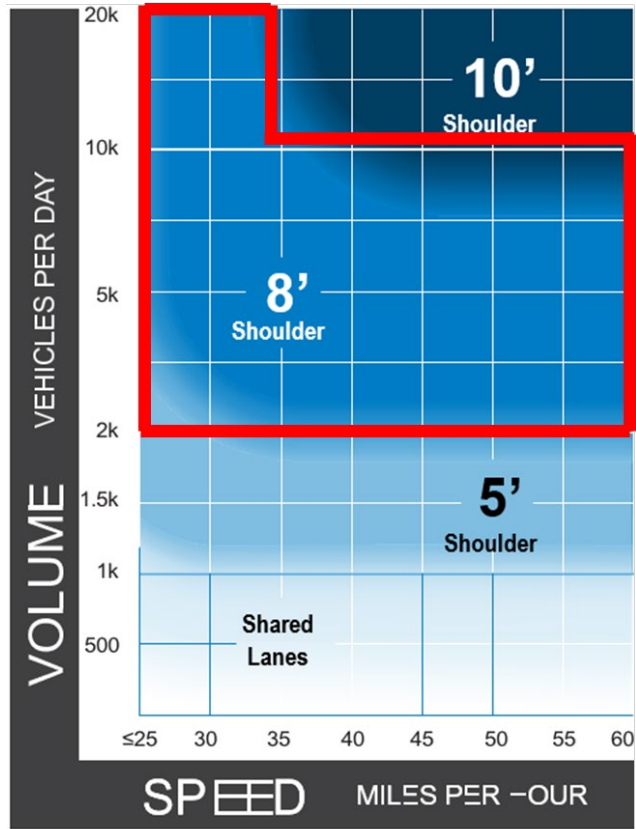
Bicycle Level of Service



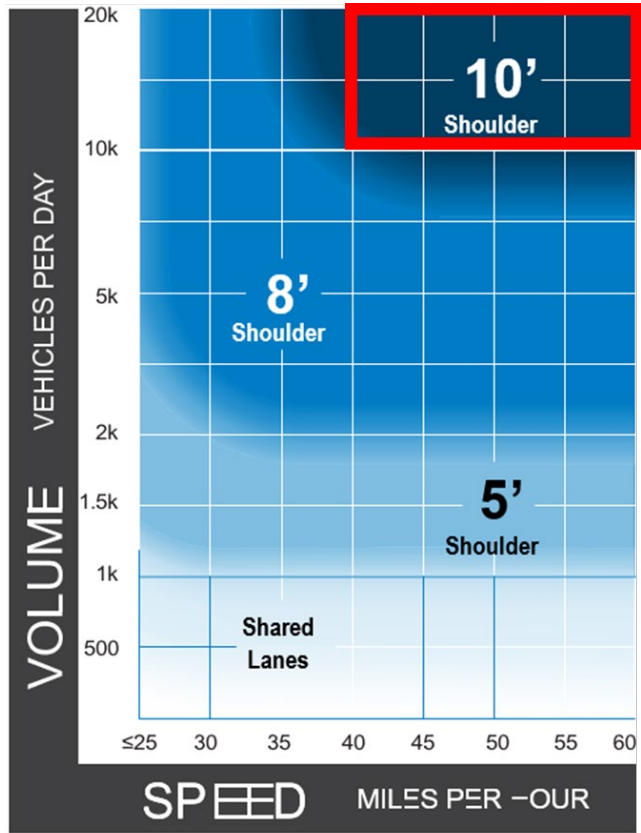
Rural Roadways



Rural Roadways



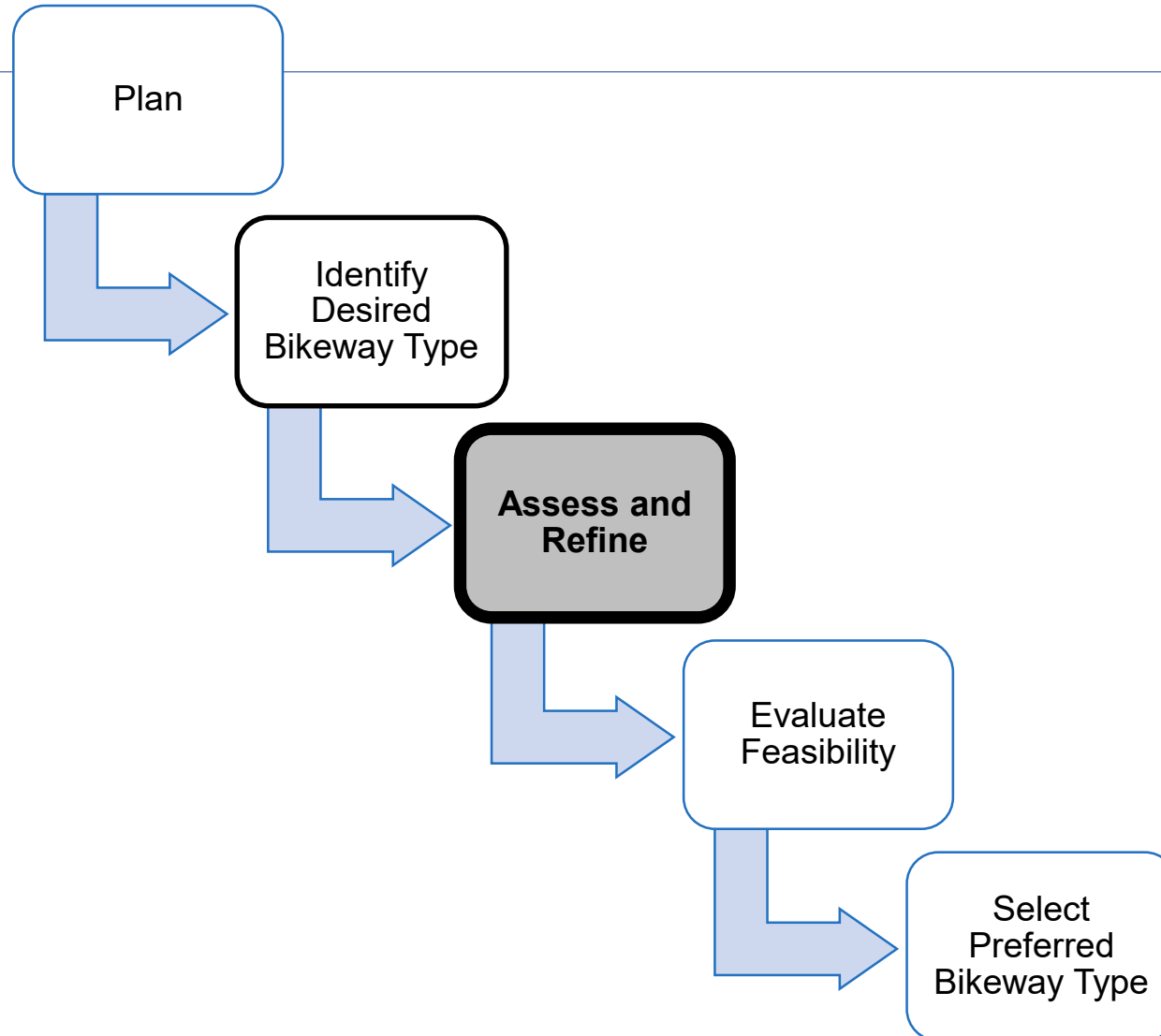
Rural Roadways



Context



Bikeway Selection Process



Identify Desired Bikeway Type (For Preferred Design User)

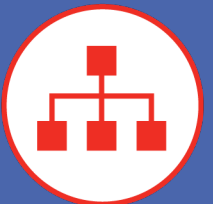
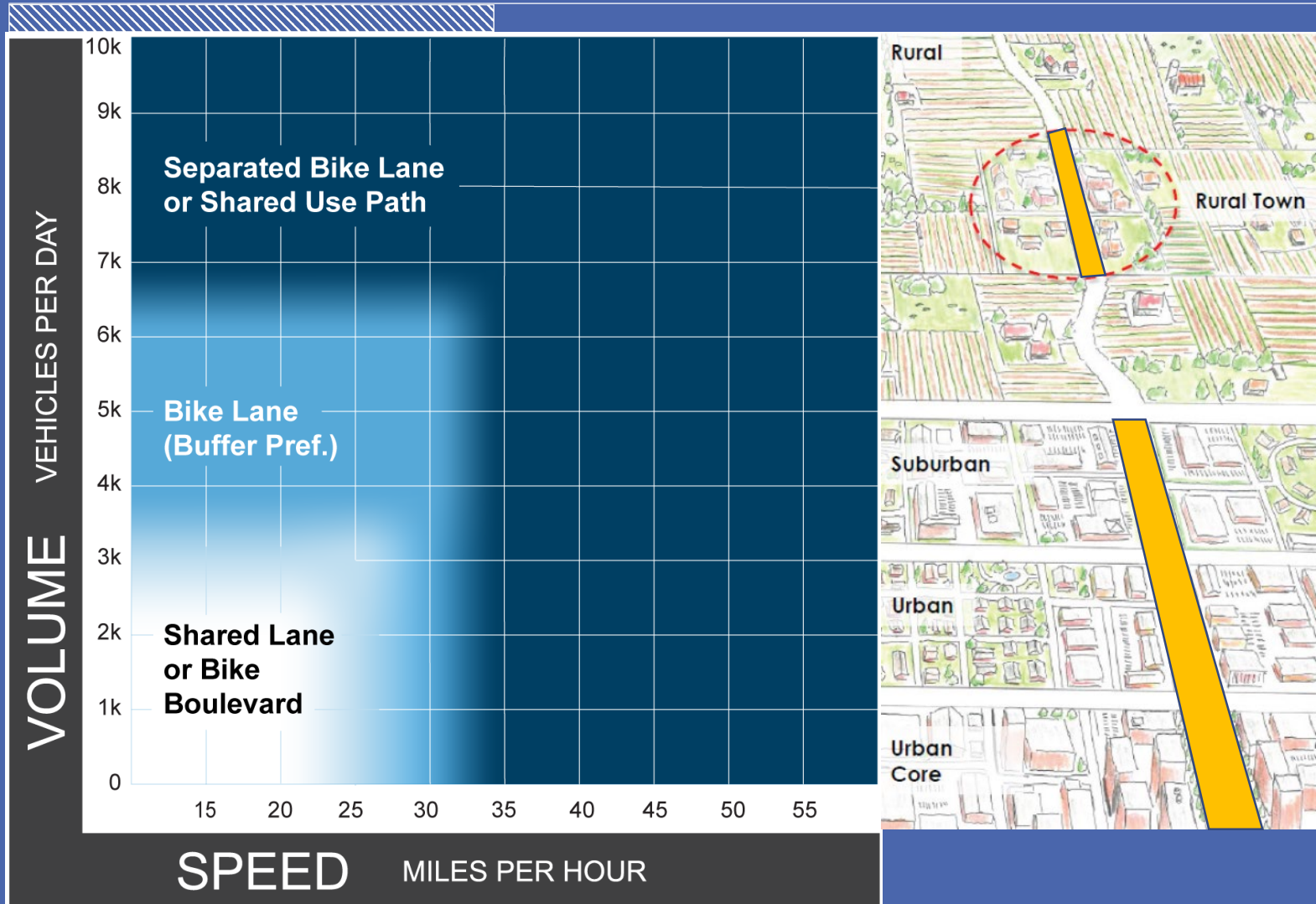
Assess and Refine

Evaluate Feasibility

Select Preferred Bikeway Type

Preferred Bikeway Type

Urban, Urban Core, Suburban, and Rural Town Contexts



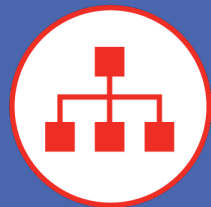
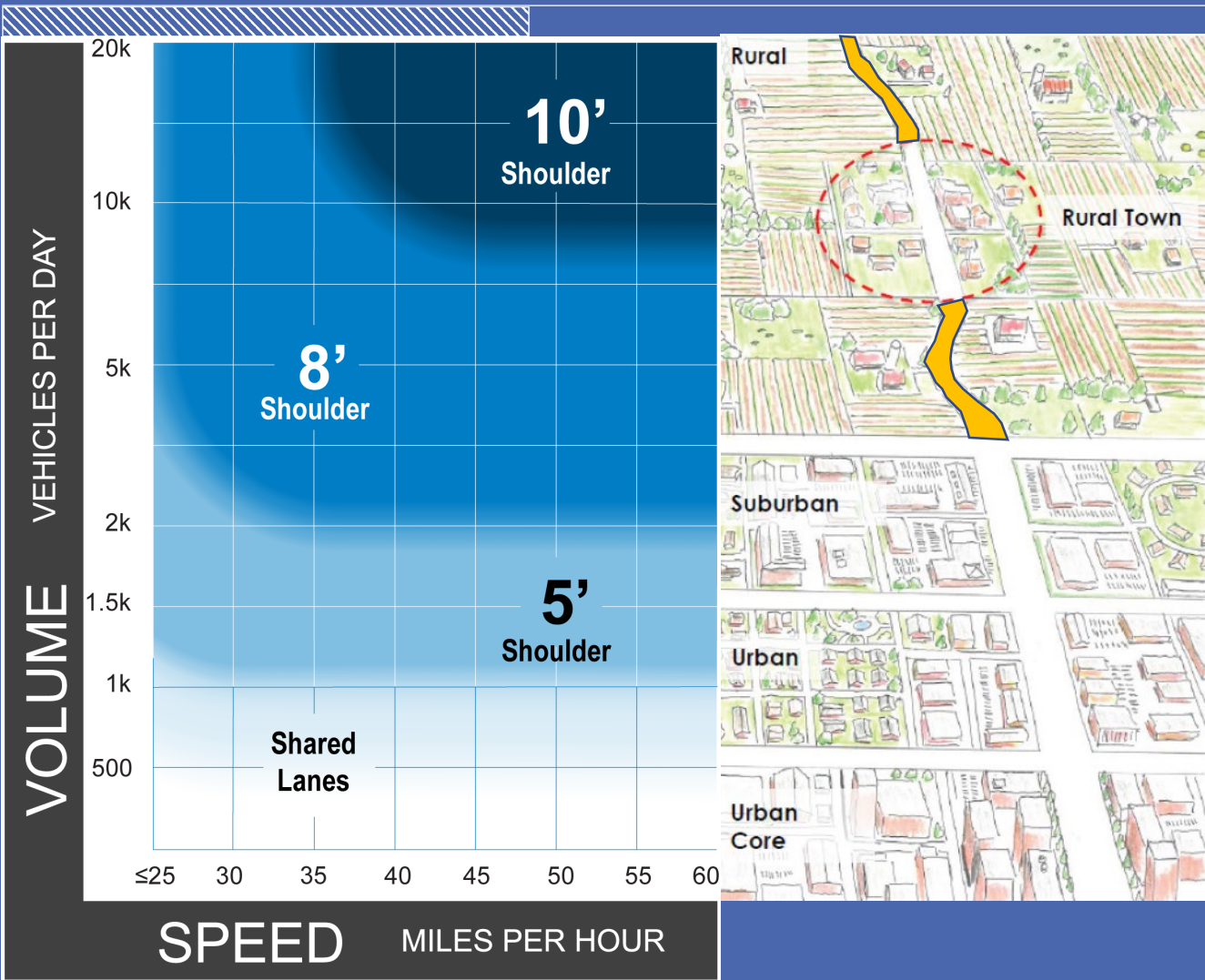
Identify Desired Bikeway Type
(For Preferred Design User)

Assess and Refine

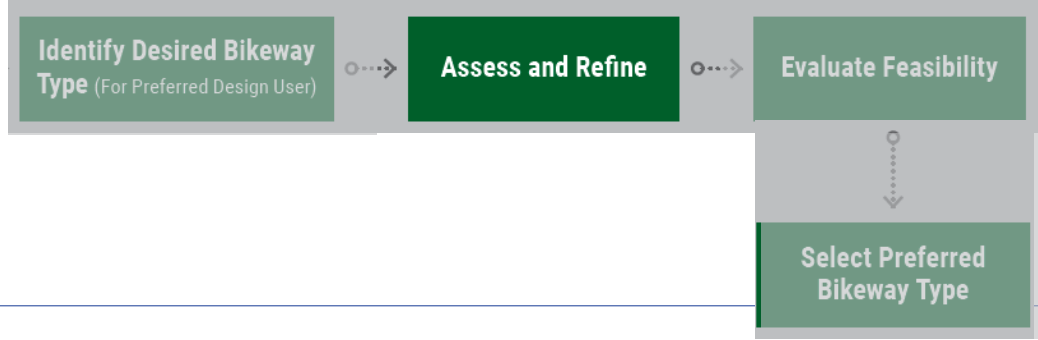
Evaluate Feasibility

Select Preferred Bikeway Type

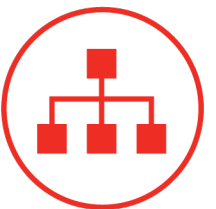
Preferred Bikeway Type Rural Context



Assessing and Refining the Desired Bikeway Type



- Motor Vehicle Peak Hour Volumes
- Traffic Vehicle Mix
- Curbside Activity (e.g. deliveries and parking turnover)
- Driveway and Intersection Frequency
- Direction of Operation
- Vulnerable Populations and Equity Considerations
- Network Connectivity Gaps
- Transit Considerations (first- and last-mile connections)





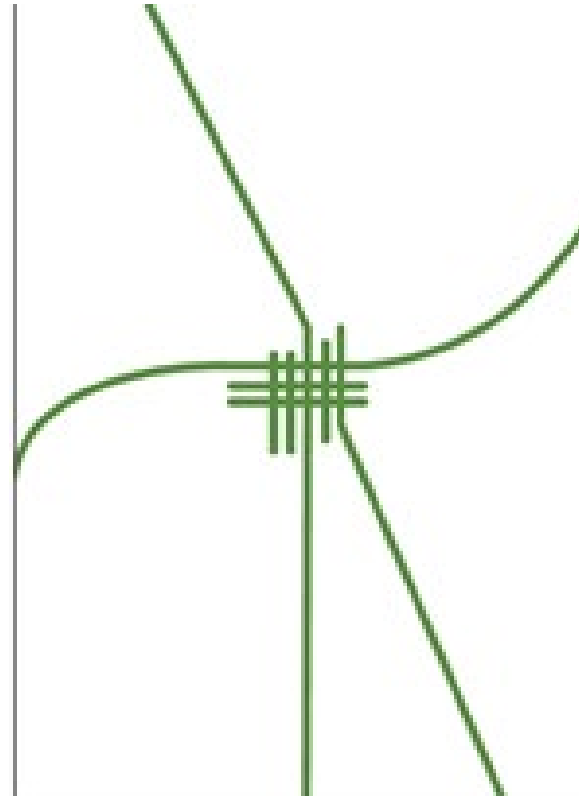
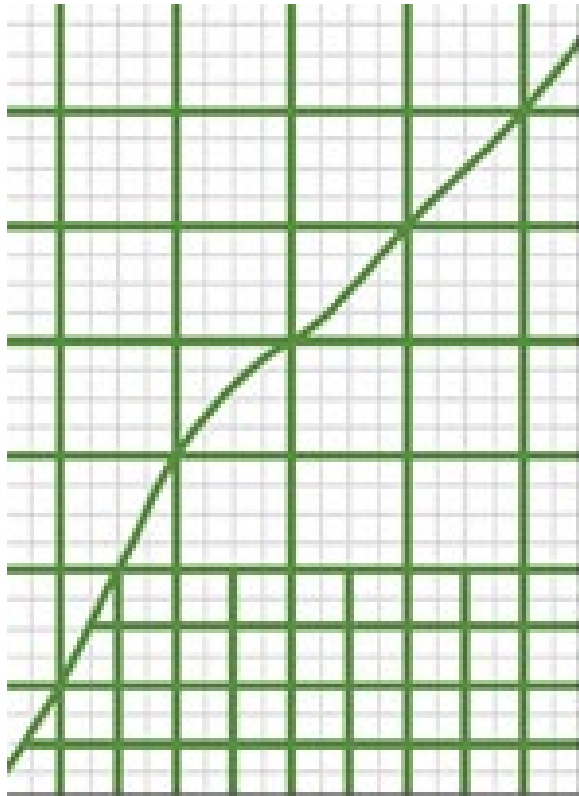




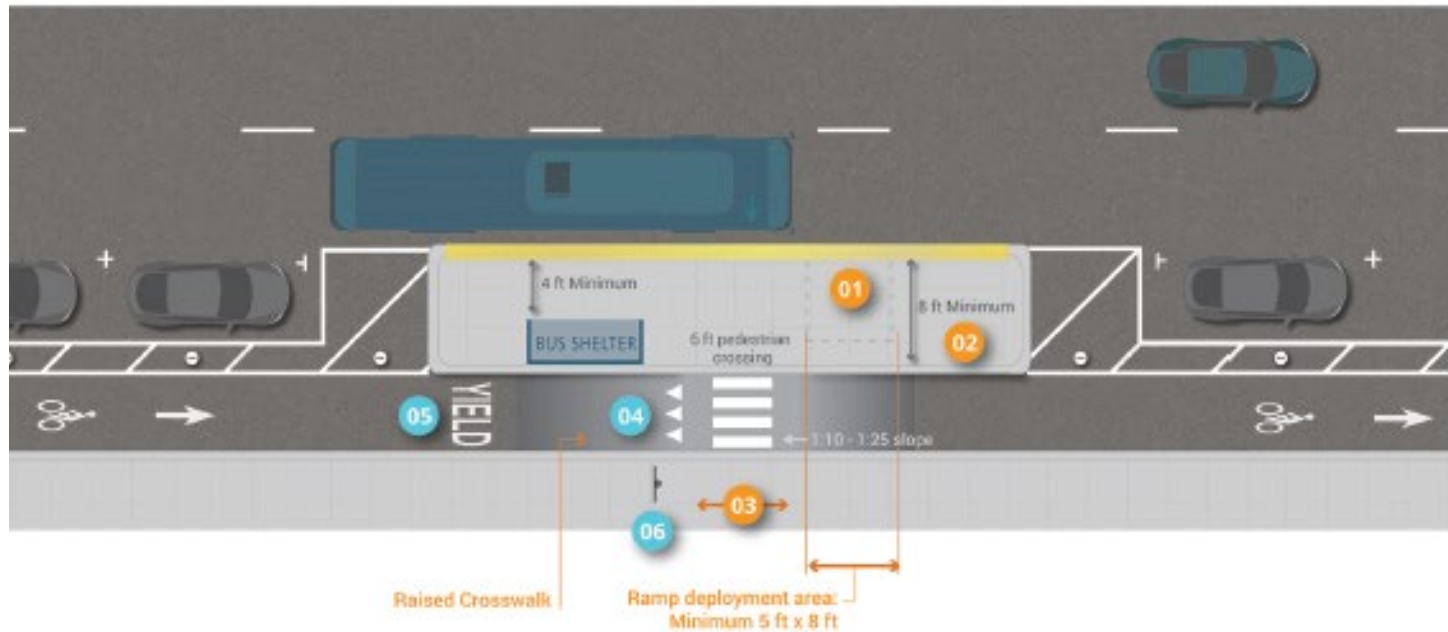




Assessing and Refining



Assessing and Refining



Federal Highway Administration

SEPARATED BIKE LANE PLANNING AND DESIGN GUIDE



U.S. Department of Transportation
Federal Highway Administration

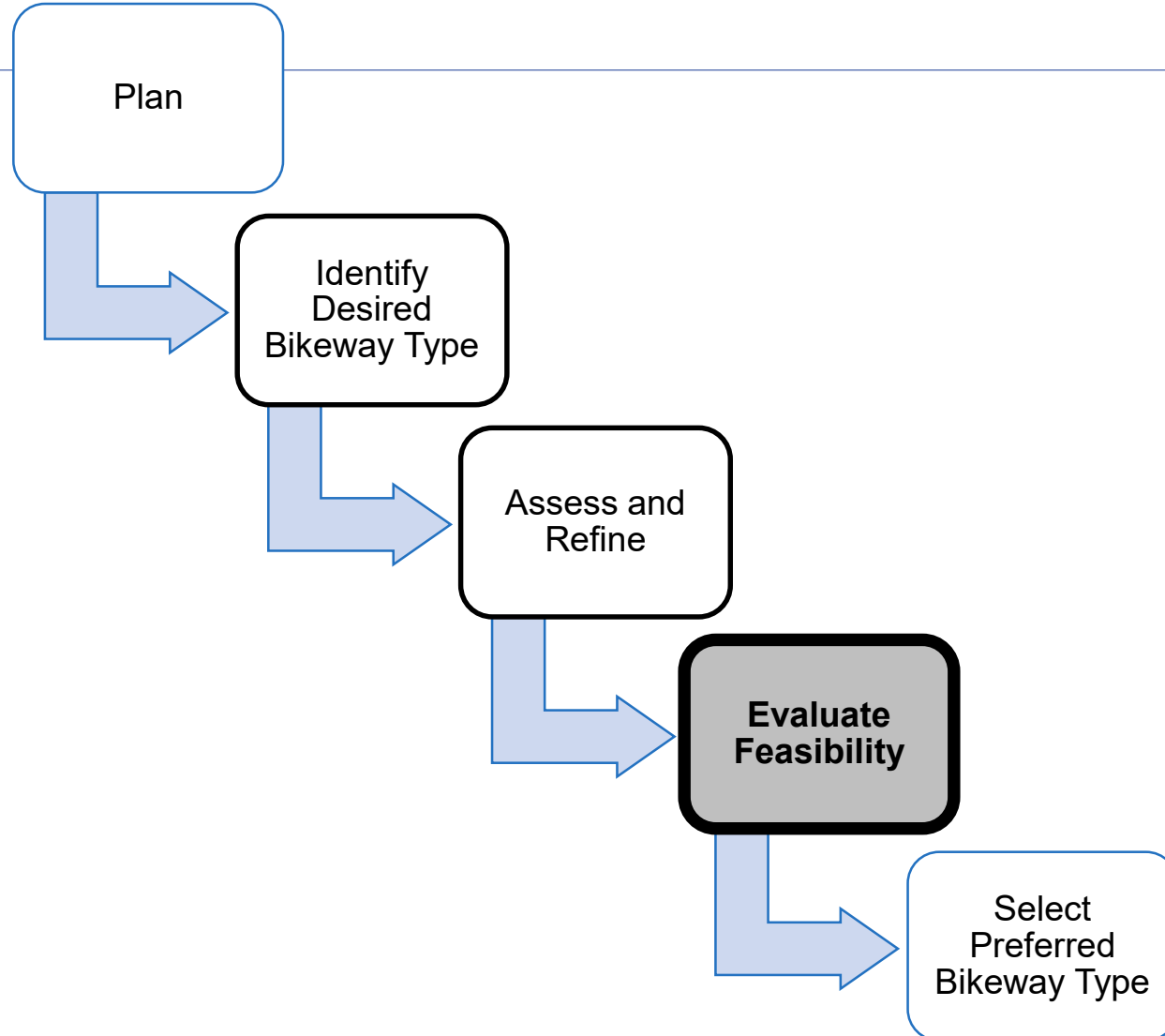
MAY 2015



Feasibility



Bikeway Selection Process



Let's discuss feasibility

Mentimeter survey





Evaluating Feasibility Finding Space for Bikeways

Identify Desired Bikeway
Type (For Preferred Design User)

Assess and Refine

Evaluate Feasibility

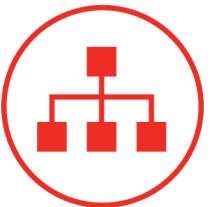
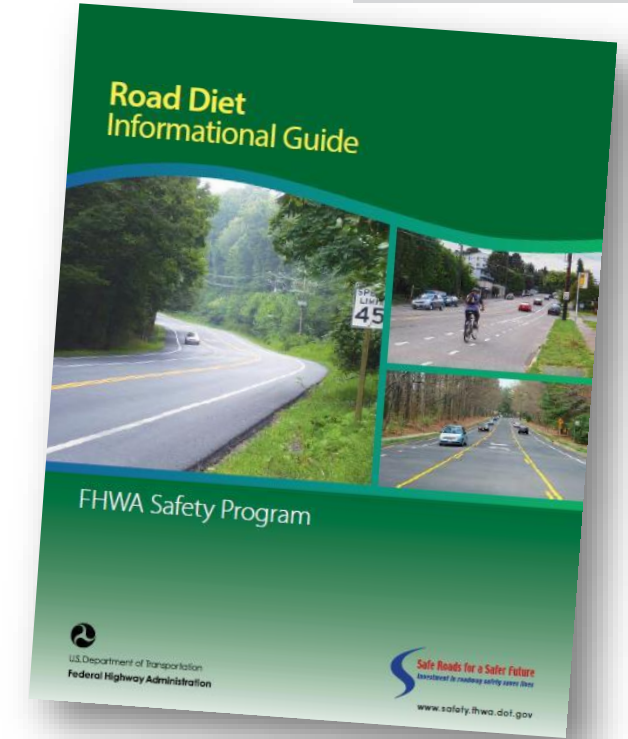
Select Preferred
Bikeway Type

Project Type

- New construction
- **Reconstruction
(curb changes)**
- **Resurfacing or
striping (no curb
changes)**

Options for reallocating
roadway space

- Narrowing travel lanes
- Removing travel lanes
- One-way streets
- Reorganizing street space
- Changing street parking



U.S. Department of Transportation
Federal Highway Administration

About Programs Resources Briefing Room Contact Search FHWA

Safety

About Office of Safety Programs Initiatives Resources Contact

2016-2017 Safety / Proven Safety Countermeasures

Proven Safety Countermeasures

Office of Safety
Proven Safety Countermeasures

Safe Roads for a Safer Future
Investment in roadway safety saves lives.

In 2008, FHWA began promoting certain infrastructure-oriented safety treatments and strategies, chosen based on proven effectiveness and benefits, to encourage widespread implementation by State, tribal, and local transportation agencies to reduce serious injuries and fatalities on American highways. This became known as the Proven Safety Countermeasures Initiative. The list was updated in 2012 and again in 2017.

This list of Proven Safety Countermeasures has now reached a total of 20 treatments and strategies that practitioners can implement to successfully address roadway departure, intersection, and pedestrian and bicycle crashes. Among the 20 Proven Safety Countermeasures are several crosscutting strategies that address multiple safety focus areas.

Transportation agencies are strongly encouraged to consider these research-driven safety countermeasures. Widespread implementation of the Proven Safety Countermeasures can serve to accelerate the achievement of local, State, and national safety goals.

Listen to the [Recorded Webinar](#) of the 2017 PSC Rollout. The [Webinar Transcript](#) is also available. Download a [two-page flyer](#) that gives an overview of the initiative, or the [24-page booklet](#) that has comprehensive information on all of the countermeasures.

Guidance Memorandums on Promoting the Implementation of Proven Safety Countermeasures:

2008 2012 2017

Select any of the following icons to learn more about the specific countermeasure

- Roadside Design Improvement at Curves
- Reduced Left-Turn Conflict Intersections
- Systemic Application of Multiple Low Cost Countermeasures at Stop-Controlled Intersections
- Leading Pedestrian Interval
- Local Road Safety Plan
- USUMTSS
- Enhanced Delineation and Friction for Horizontal Curves
- Longitudinal Rumble Strips and Stripes on Two-Lane Roads
- Median Barrier
- Safety Edge...
- Baricades with Retroreflective Borders
- Corridor Access Management
- Dedicated Left- and Right-Turn Lanes at Intersections
- Roundabouts
- Yellow Change Intervals
- Medians and Pedestrian Crossing Walkways in Urban and Suburban Areas
- Pedestrian Hybrid Beacon
- Road Diet
- Walkways
- Road Safety Audit

Page last modified on November 16, 2016

Road Diet Informational Guide

FHWA Safety Program

U.S. Department of Transportation
Federal Highway Administration

Safe Roads for a Safer Future
Investment in roadway safety saves lives.

www.safety.fhwa.dot.gov

Incorporating On-Road Bicycle Networks into Resurfacing Projects

U.S. Department of Transportation
Federal Highway Administration

MARCH 2016







Evaluating Feasibility





Evaluating Feasibility



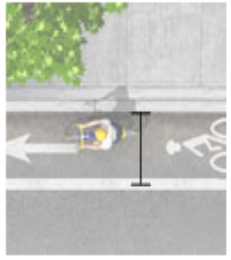


Evaluating Feasibility

Assess Desirable Bikeway Design Values



Example for standard bicycle lanes from NACTO Urban Bikeway Guide:



The desirable bike lane width adjacent to a curbface is 6 feet. The desirable rideable surface adjacent to a street edge or longitudinal joint is 4 feet, with a minimum width of 3 feet. In cities where illegal parking in bike lanes is a concern, 5 foot wide bike lanes may be preferred.

[Read More+](#)

Against Curb:

Desirable = 6'

Minimum = 4'



When placed adjacent to a parking lane, the desirable reach from the curb face to the edge of the bike lane (including the parking lane, bike lane, and optional buffer between them) is 14.5 feet; the absolute minimum reach is 12 feet. A bike lane next to a parking lane shall be at least 5 feet wide, unless there is a marked buffer between them. Wherever possible, minimize parking lane width in favor of increased bike lane width.

[Read More+](#)

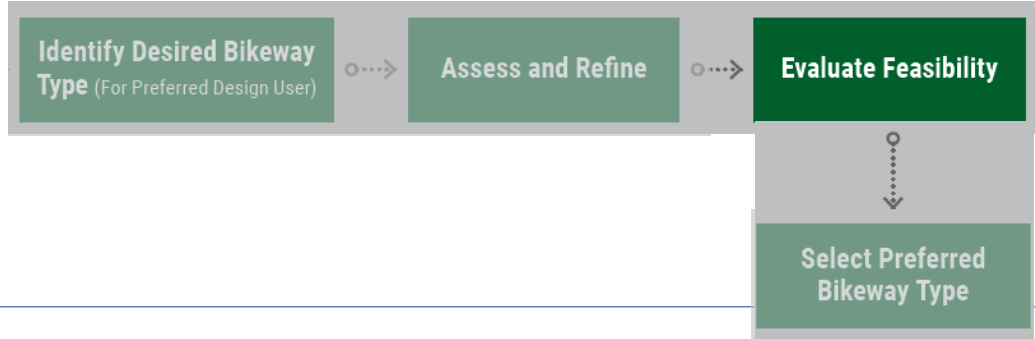
Against Parking:

Desirable = 7.5'

Minimum = 5'

Source: NACTO Bikeway Design Guide

Evaluating Feasibility Constrained Bikeways



“the use of minimum width bikeways should be **limited to constrained roadways where** desirable or preferred bikeway widths cannot be achieved after **all other travel lanes have been narrowed to minimum widths** appropriate for the context of the roadway.”



Evaluating Feasibility Wide Outside Lane or Bike Lane?

Identify Desired Bikeway
Type (For Preferred Design User)

Assess and Refine

Evaluate Feasibility

Select Preferred
Bikeway Type

15 – 16' Wide Outside Lane



Wide lanes:

- Do not improve bicycling comfort
- Encourage faster traffic
- Shared lanes have higher bike crash risk

10' – 11' Lane with 5'-6' bike lane



Narrow lanes with bike lanes:

- Improve bicycling comfort
- Encourage slower traffic
- Have lower bike crash risk
- Generally do not increase motorists crash rates if on 45 mph or less roadways







Evaluating Feasibility

Door Zone Bike Lane or No Bike Lane?

Identify Desired Bikeway
Type (For Preferred Design User)

Assess and Refine

Evaluate Feasibility

Select Preferred
Bikeway Type

**15 – 16' Wide
Outside Lane
adjacent to parking**



Wide lanes:

- Do not improve bicycling comfort
- Encourage faster traffic
- Shared lanes have higher bike crash risk
- Parking increases bike crash risk

**10' – 11' Lane
with 5'-6' bike lane
adjacent to parking**



Narrow lanes with bike lanes:

- Improve bicycling comfort
- Encourage slower traffic
- May lower bike crash risks compared to wide lanes





Evaluating Feasibility

Narrow Bike Lane or 2-Way Separated Bike Lane?



Narrow Bike Lanes:

- Improve bicycling comfort for Confident bicyclists
- Do not accommodate Interested but Concerned bicyclists



2-Way Separated Bike Lanes:

- Improve bicycling comfort for all bicyclists increasing use
- Has higher rate of bicycle crashes compared to 1-way separated bike lanes due to contra-flow movement

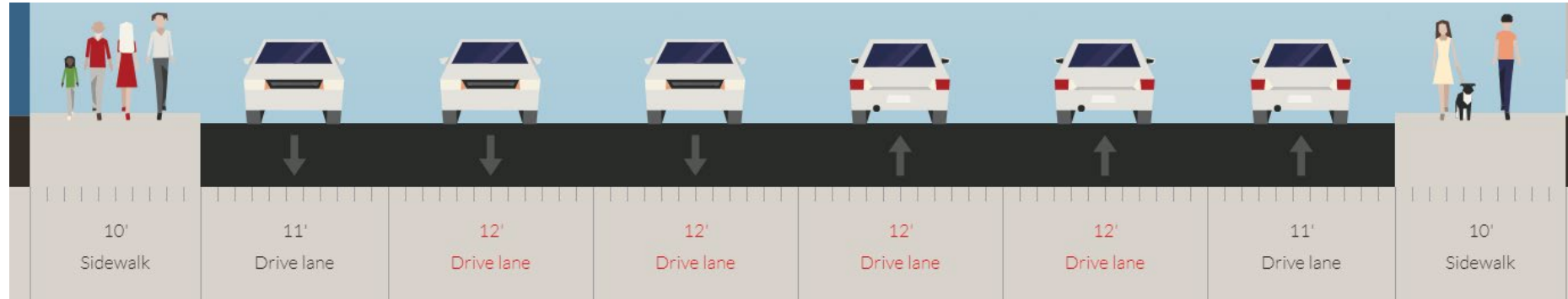




Existing Shared Lanes

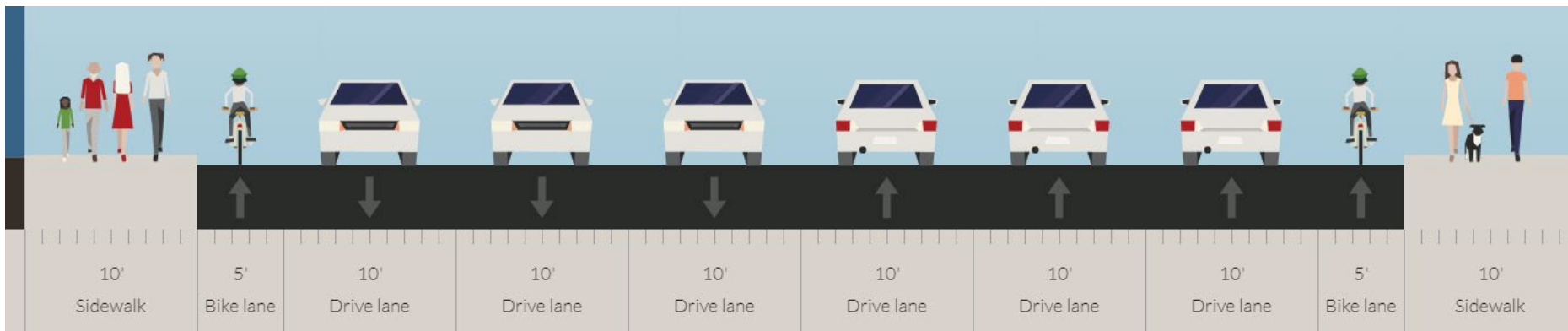
2005 - 2009:

- 30 – 60 bicyclists/hour
- averaged 5 crashes/year
- Crash Risk ~
20 crashes/million cyclists



Option 1 Bike Lane

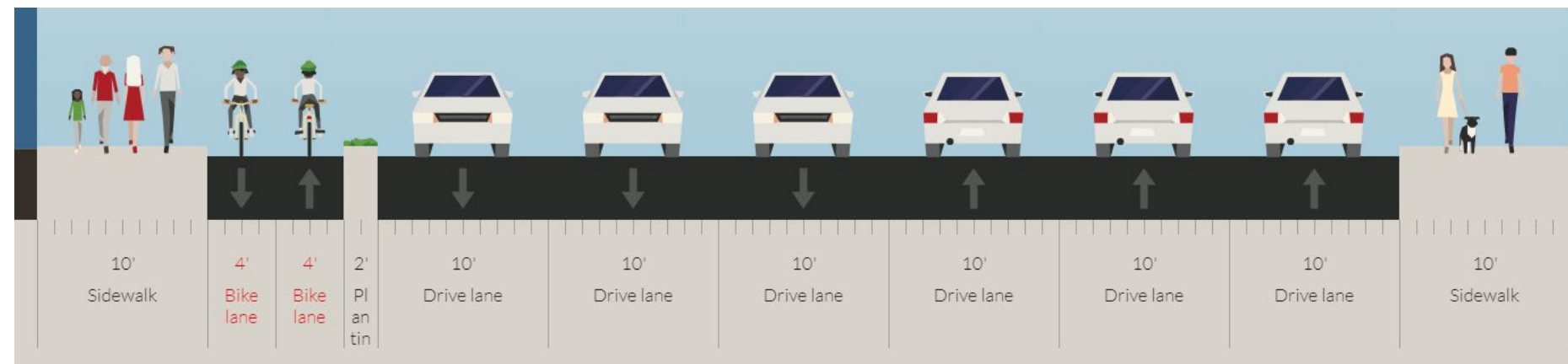
Not Chosen



Option 2 built in 2010 Separated Bike Lane

2016:

- 350 – 400 bicyclists/hour
- averaged 10 crashes/year
- Crash Risk ~
7 crashes/million cyclists



65% reduction in crash risk

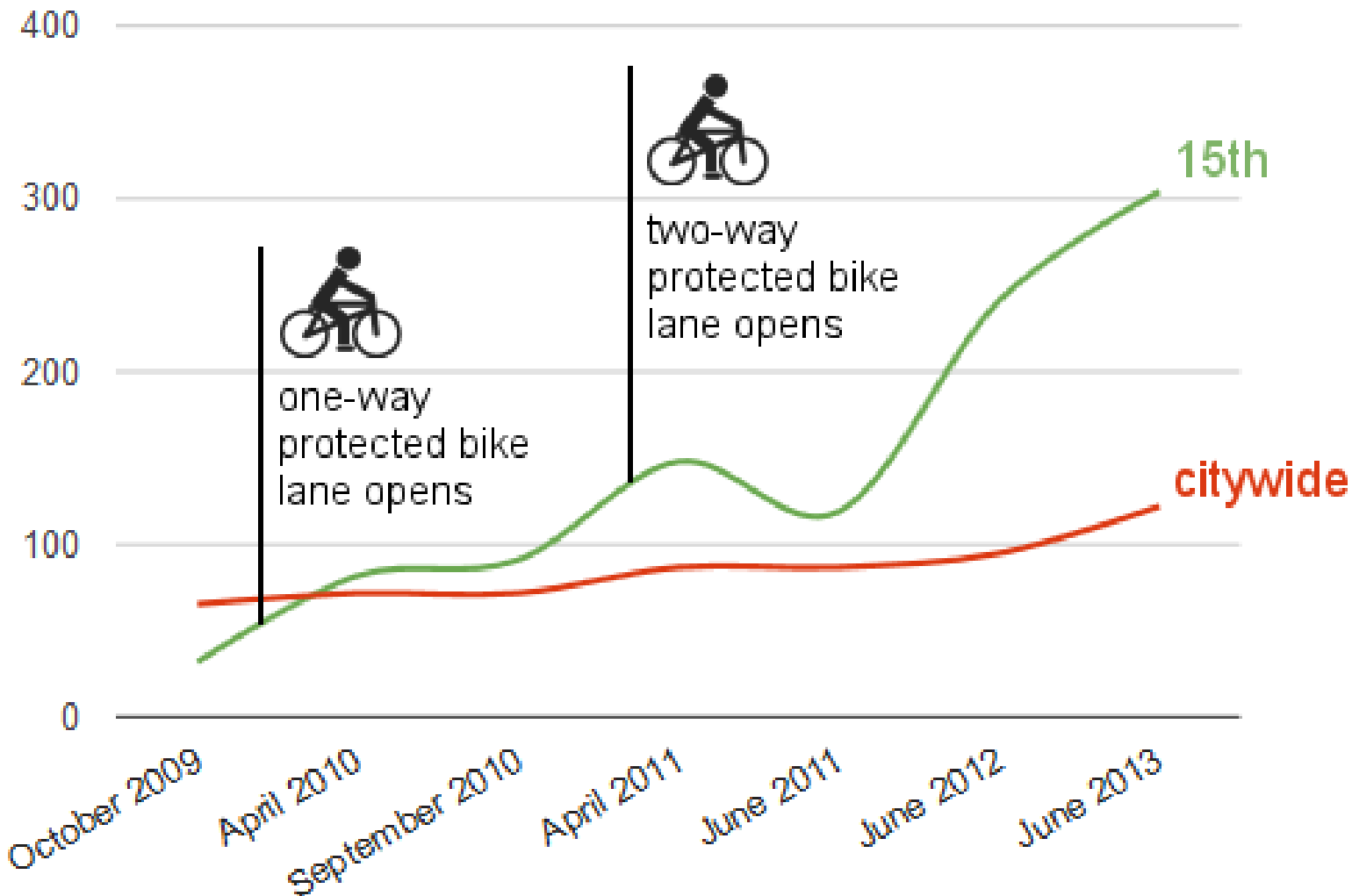
Case Study: 15th Street, NW. Washington DC

Data Sources: District Department of Transportation



Peak-hour bike traffic on 15th St NW

Shared Lanes
Crash Risk ~
20 crashes/million
cyclists



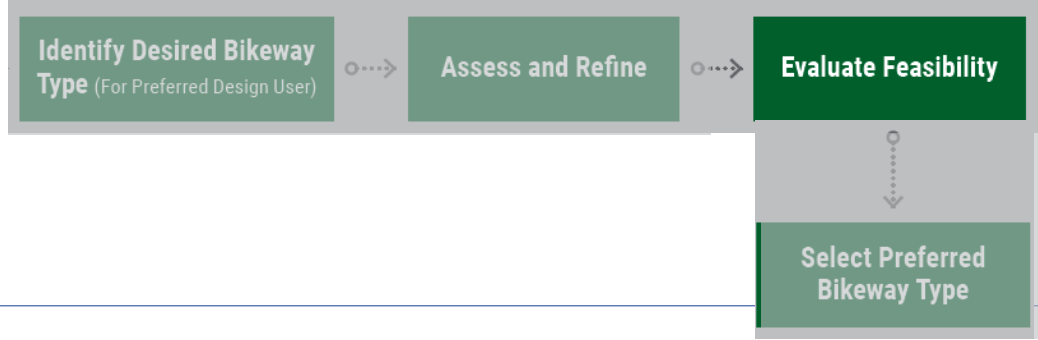
2-Way PBL
Crash Risk ~
7 crashes/million
cyclists





Evaluating Feasibility

Other Options Discussed

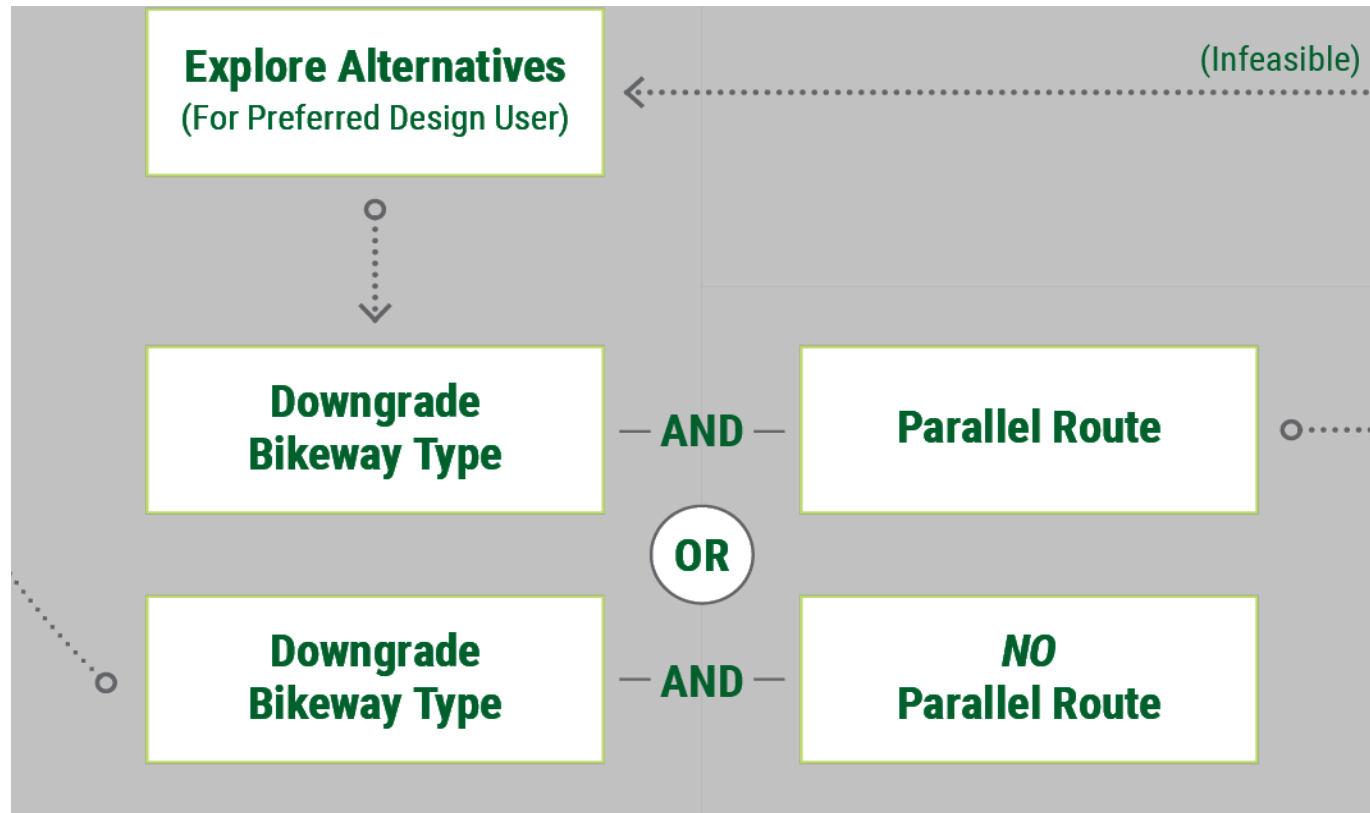


- Shared Use Path or Separated Bike Lane?
- Narrow Shoulder or No Shoulder?
- One-Way Separated Bike Lane on Both Sides or Two-Way Separated Bike Lane?



Chapter 4: Bikeway Selection

preferred bikeway is “infeasible”



Downgrading Bikeway has potential impacts:

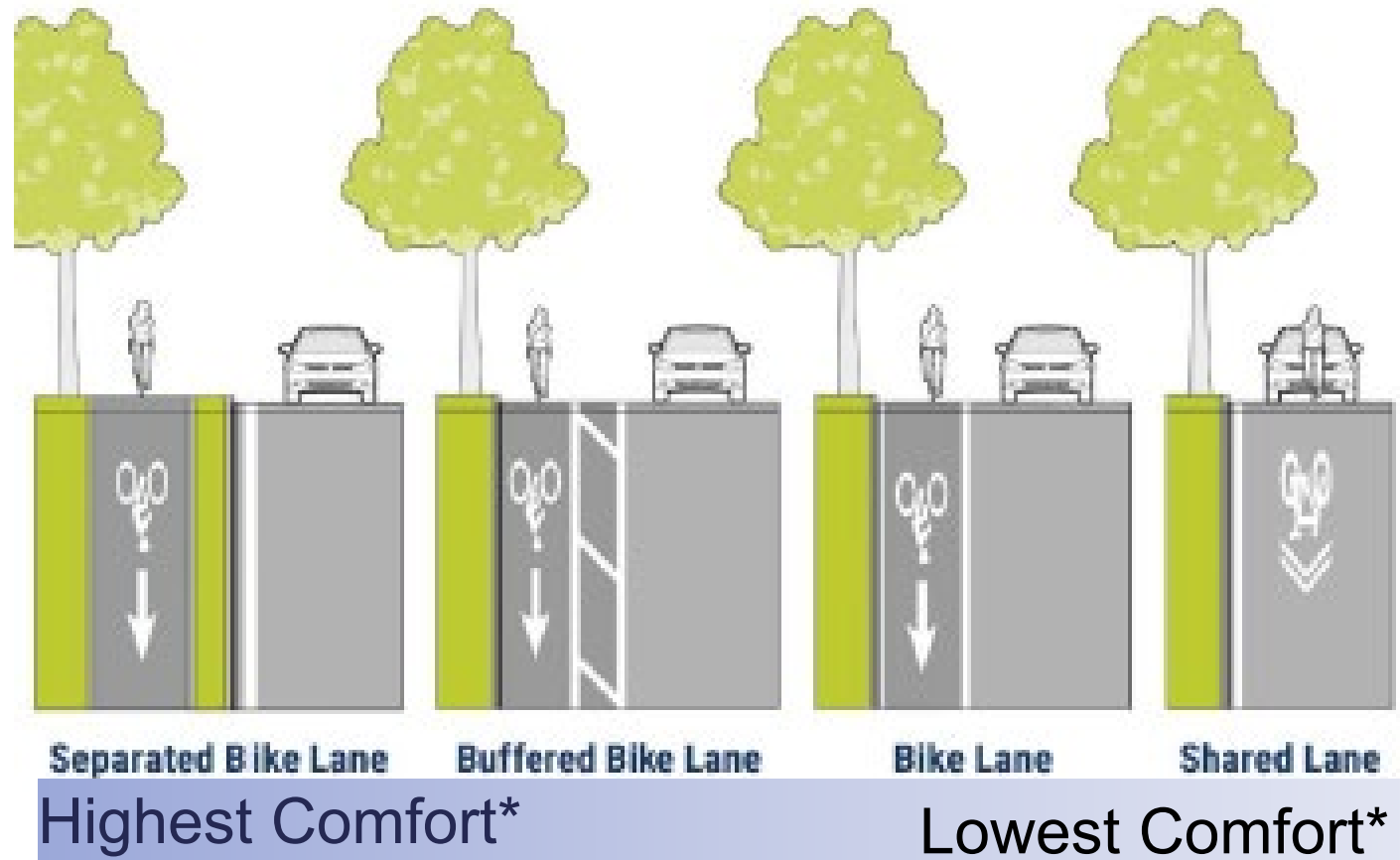
- Suppressed bicycling
- Reduced safety from:
 - Sidewalk bicycling
 - Shared lane or constrained bikeway dimensions





Chapter 4: Bikeway Selection

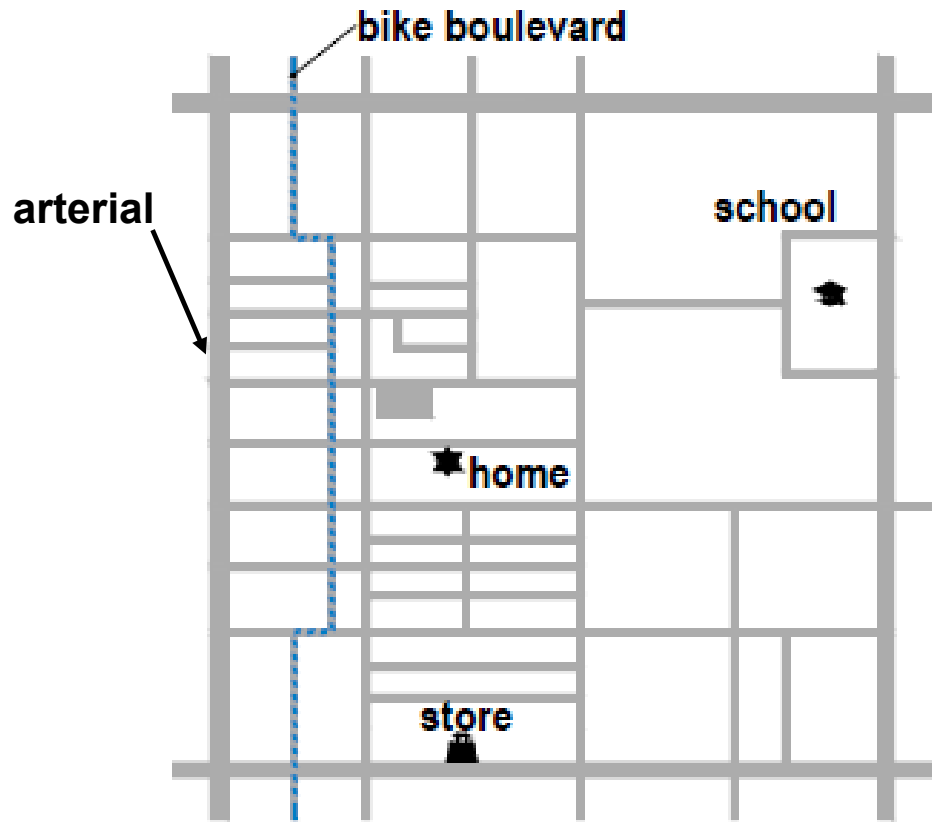
If the preferred bikeway is infeasible on the main route, select “the next best facility” for it as a short term measure.



*Assumption is high volume roadway with speeds > 30mph with sidepath bicyclists comfort contingent upon pedestrian volume



Chapter 4: Bikeway Selection



Parallel routes can accommodate the Interested but Concerned if:

- It is designed for their comfort
- Detour is less than 30% in length*
- Bike boulevards may require assessments of major street crossings

*Broach, J., Dill, J., and J., Gliebe. Where Do Cyclists Ride? A Route Choice Model Developed with Revealed Preference GPS Data. *Transportation Research Part A: Policy and Practice*, Vol. 46, No. 10, 2012, pp. 1730-1740.



Lunch

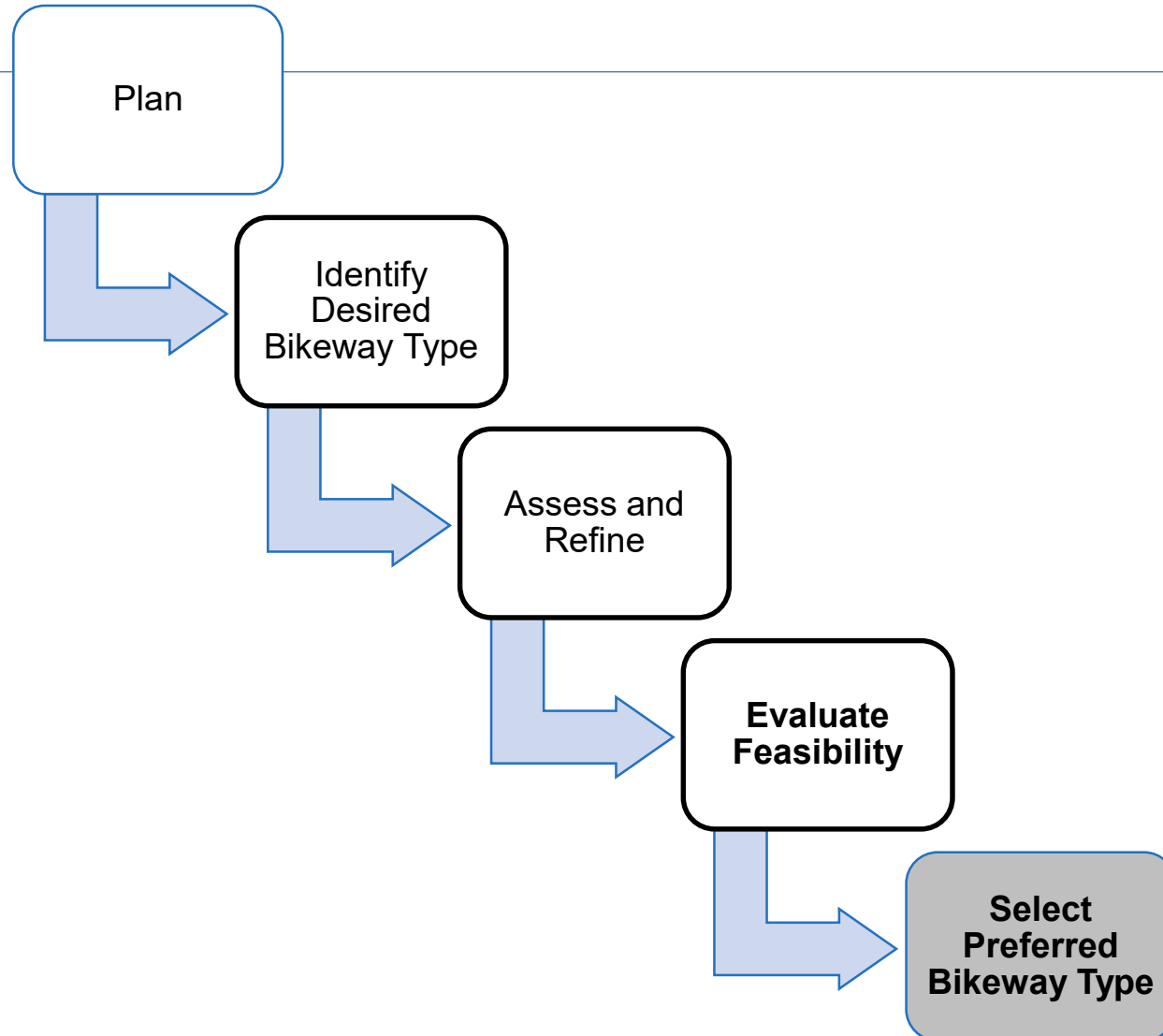


Bikeway Selection Process

Illustrative examples



Bikeway Selection Process



Chapter 5.

Bikeway Selection in Practice

Example Case Studies to Apply the Guide Include:

- **Rural Context, 2-Lane Roadway**
- Small Town Context, 2-Lane Roadway
- **Suburban, 4-Lane Roadway**
- Suburban, 6-Lane Roadway



High-Speed 2-Lane Roadway (Base Condition)

- rural, two-way, 22-foot-wide undivided road
- popular state bicycle route connecting two small towns
- Average Daily Traffic (ADT) is 1,500 (4% trucks)
- operating speed is 45 mph
- public right-of-way extends to 10 feet on either side of the roadway
- motorists can easily change lanes to pass; however, there are locations with limited sight lines
- pedestrian volumes are expected to be low



Identify
Project Purpose
(Choose Design User)



Identify Desired Bikeway
Type (For Preferred Design User)



Assess and Refine



Evaluate Feasibility



Select Preferred
Bikeway Type

Who is Our Design User?

- popular state bicycle route connecting two small towns
 - Confident Bicyclists?
 - Interested But Concerned?
 - Both are uncomfortable due to 45+ mph speeds
- pedestrian volumes are expected to be low



Identify
Project Purpose
(Choose Design User)



Identify Desired Bikeway
Type (For Preferred Design User)



Assess and Refine



Evaluate Feasibility



Select Preferred
Bikeway Type

Who is Our Design User?

- popular state bicycle route connecting two small towns
 - Confident Bicyclists?
 - Interested But Concerned?
 - Both are uncomfortable due to 45+ mph speeds
- pedestrian volumes are expected to be low

Confident Bicyclists Chosen for this Example



Preferred Bikeway Type Rural Context

Identify Project Purpose
(Choose Design User)

Identify Desired Bikeway Type
(For Preferred Design User)

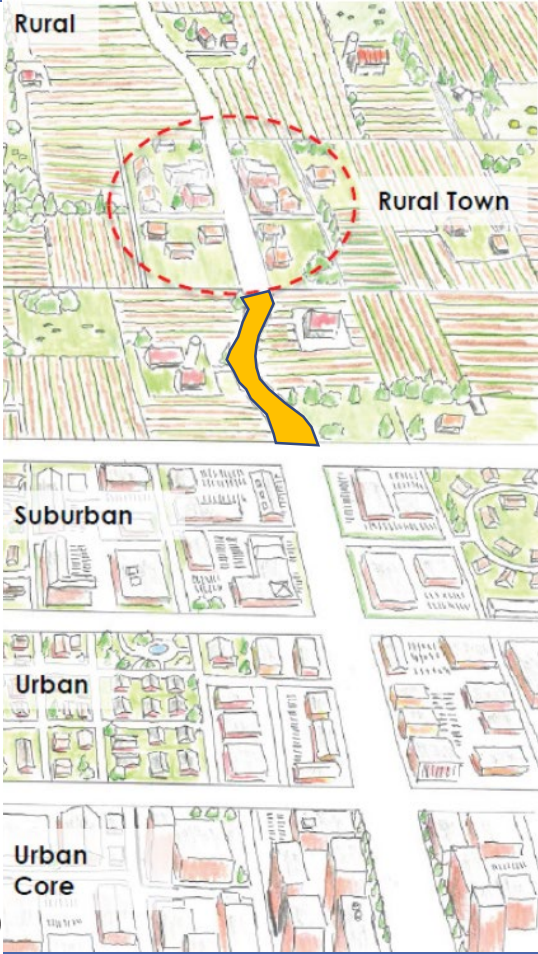
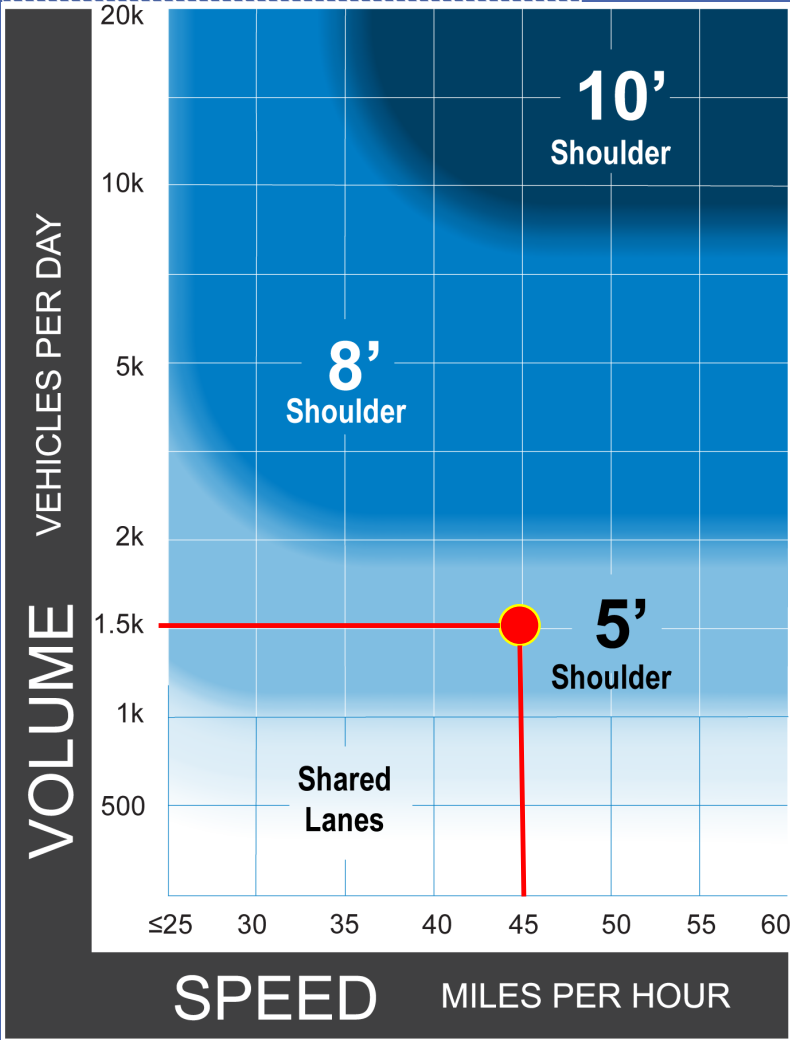
Assess and Refine

Evaluate Feasibility

Select Preferred Bikeway Type

Design User Assumption =
Confident Bicyclists

- Average Daily Traffic (ADT) is 1,500 (4% trucks)
- operating speed is 45 mph.



Identify
Project Purpose
(Choose Design User)



Identify Desired Bikeway
Type (For Preferred Design User)



Assess and Refine



Evaluate Feasibility



Select Preferred
Bikeway Type

5' Shoulder Option

- Confident cyclists are comfortable (BLOS = "B")
- Relatively inexpensive option
- No room for rumble strips
- Interested but Concerned cyclists are uncomfortable due to 45 mph and no protection (potential suppressed bike volume)
- Pedestrians may walk in shoulder, but will not feel safe



Identify
Project Purpose
(Choose Design User)



Identify Desired Bikeway
Type (For Preferred Design User)



Assess and Refine



Evaluate Feasibility



Select Preferred
Bikeway Type

Wide Shoulder Option

- Confident cyclists are very comfortable (BLOS = "A")
- Relatively more expensive option
- Room for rumble strips
- Interested but Concerned cyclists are uncomfortable due to 45 mph and no protection (potential suppressed bike volume)
- Pedestrians may walk in shoulder, but will not feel safe



Identify
Project Purpose
(Choose Design User)



Identify Desired Bikeway
Type (For Preferred Design User)



Assess and Refine



Evaluate Feasibility



Select Preferred
Bikeway Type

Shared Use Path Option

- Confident cyclists are very comfortable (BLOS = "A")
- Most expensive option
- Room for rumble strips
- Interested but Concerned cyclists are comfortable due with protection
- Pedestrians are comfortable and will feel safe, while low volume will not result in conflicts with bikes



4-Lane Suburban Roadway (Base Condition)

- 4-lane, 50-foot-wide street
- various large business and retail parcels with busy driveways
- Average Daily Traffic (ADT) is 9,000 (2% trucks/buses)
- operating speed is 35 mph
- public right-of-way extends to 10 feet on either side of the roadway with continuous sidewalks that have trees and utility poles located within them.
- Expected peak hour volumes:
 - 25-50 pedestrians
 - 200-250 bicyclists



Built environment is a challenge

Identify
Project Purpose
(Choose Design User)



Identify Desired Bikeway
Type (For Preferred Design User)



Assess and Refine



Evaluate Feasibility



Select Preferred
Bikeway Type

Who is Our Design User?

- Important retail corridor for the area with lots of destinations for work and shopping
 - Confident Bicyclists?
 - Interested But Concerned?
 - Both are uncomfortable due to 35+ mph speeds and 9,000 ADT
- pedestrian volumes are moderate due to businesses



Identify
Project Purpose
(Choose Design User)



Identify Desired Bikeway
Type (For Preferred Design User)



Assess and Refine



Evaluate Feasibility



Select Preferred
Bikeway Type

Who is Our Design User?

- Important retail corridor for the area with lots of destinations for work and shopping
 - Confident Bicyclists?
 - Interested But Concerned?
 - Both are uncomfortable due to 35+ mph speeds and 9,000 ADT
- pedestrian volumes are moderate due to businesses

**Interested But Concerned Bicyclists
Chosen for this Example**



Identify
Project Purpose
(Choose Design User)

Identify Desired Bikeway
Type (For Preferred Design User)

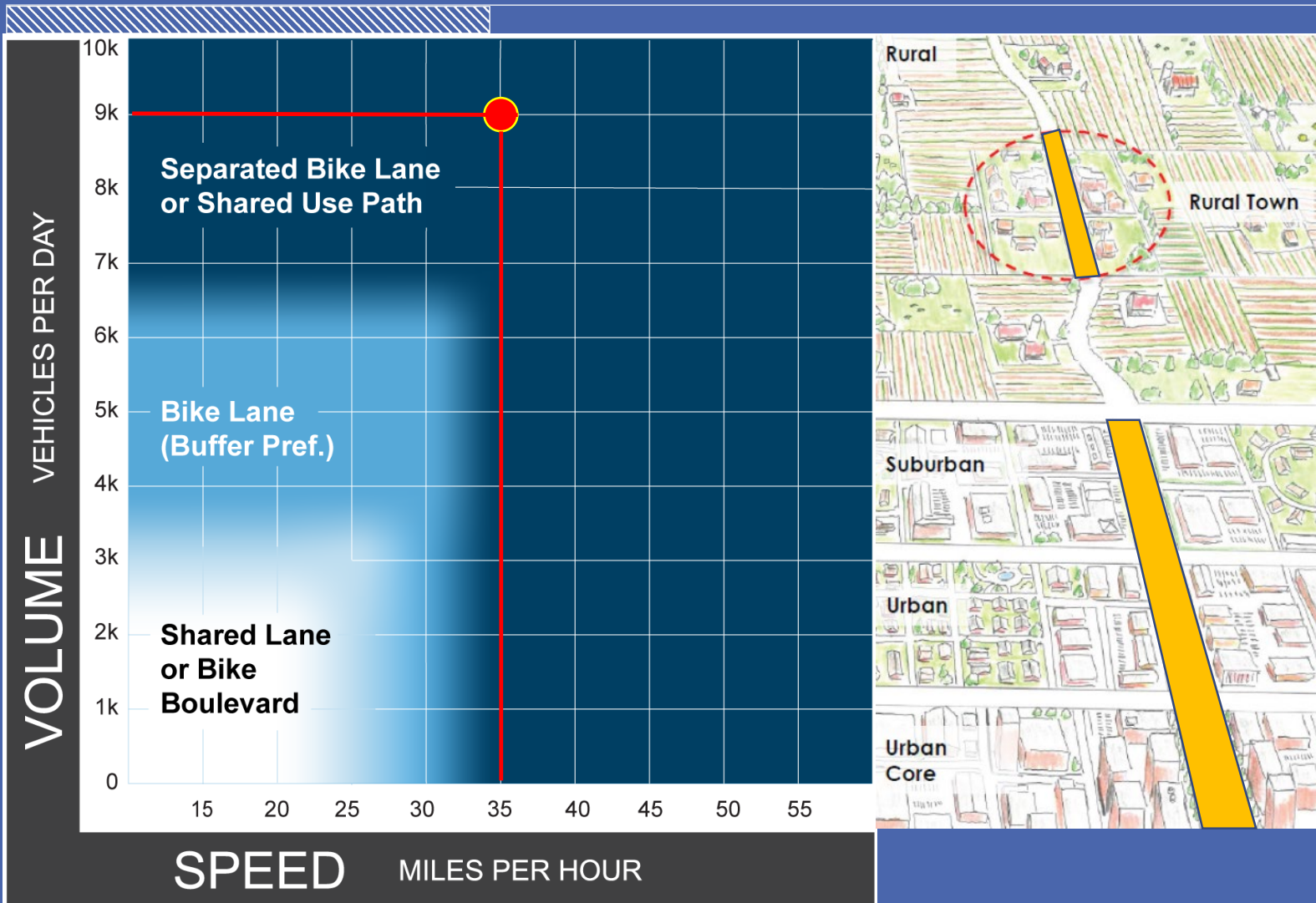
Assess and Refine

Evaluate Feasibility

Select Preferred
Bikeway Type

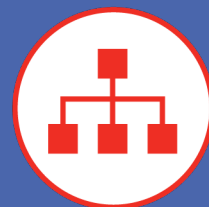
Preferred Bikeway Type

Urban, Urban Core, Suburban, and Rural Town Contexts



Design User Assumption =
Interested But Concerned Bicyclist

- Average Daily Traffic (ADT) is 9,000
- 2% trucks/buses
- operating speed is 35 mph



Identify
Project Purpose
(Choose Design User)



Identify Desired Bikeway
Type (For Preferred Design User)



Assess and Refine



Evaluate Feasibility



Select Preferred
Bikeway Type

Bike Lane Option

- Road Diet gains 12' of space for 6' bike lane
- Confident cyclists are comfortable (BLOS = "B")
- Relatively inexpensive option
- Motorist passing, turning easier
- Pedestrians enjoy buffer



Identify
Project Purpose
(Choose Design User)

Identify Desired Bikeway
Type (For Preferred Design User)

Assess and Refine

Evaluate Feasibility

Select Preferred
Bikeway Type

Separated Bike Lane Option

- Road Diet gains 12' of space for 4' bike lane with 2' buffer
- Relatively inexpensive option
- Interested but Concerned cyclists are comfortable (LTS 1) due to separation
- Confident cyclists are comfortable (BLOS = "A")
- Pedestrians enjoy additional buffer



Identify
Project Purpose
(Choose Design User)



Identify Desired Bikeway
Type (For Preferred Design User)



Assess and Refine



Evaluate Feasibility



Select Preferred
Bikeway Type

Shared Use Path Option

- Road Diet gains 12' of space from road to create 6'- 12' buffer
- Most expensive option
- Utilities relocate to buffer and sidewalk widened to 12' - 14'
- Interested but Concerned cyclists are comfortable (LTS 1) due to separation
- Confident cyclists may prefer the road due to pedestrians on the path
- If bicycle volumes increase beyond 200/hour, or pedestrians exceed 30% of users, the path can begin to conflicts between pedestrians and bicyclists may result



Putting It Into Practice





Posted Speed = 25 mph
Vehicle Volume = 4,000 AADT

Now What Type of Bikeway Would You Choose?





Posted Speed = 25 mph
Vehicle Volume = 14,000 AADT

Now What Type of Bikeway Would You Choose?





Posted Speed = 30mph
Vehicle Volume = 40,000 AADT

Now What Type of Bikeway Would You Choose?

